# **Tennessee Valley Heart Walk Q & A**

Saturday, October 28th, 2017
AT&T Field, Downtown Chattanooga
Festival Begins at 8:00 AM
Line up to walk at 9:15 AM

# Q -- What time should I arrive? \* New for 2017

A -- All festivities begin at 8:00 AM so we encourage you to arrive as close to that time as possible. We suggest all walkers be in the stadium no later than 8:15 AM.

# Q -- Where do I park? \* New for 2017

A -- Free Parking is available this year at the Liberty Garage located between on 6<sup>th</sup> Street next to the Downtown YMCA.

## Q -- Where can I turn in money or make a donation at the event?

A -- You can turn your money in at the Donation Drop Zone located in front of the heart arch.

The walk is a free and open to everyone who wishes to attend. We encourage everyone to consider making a donation to help move our mission forward.

Q -- I am a survivor of heart disease and/or stroke, is there any place specific I need to go? A - Yes. When you arrive, please come to the Celebrating Survivors Area located within the Heart Walk event grounds.

## Q -- If I am walking as a tribute to someone, where do I get a Tribute Sticker?

A -- Tribute Stickers will be available free of charge in the Celebrating Survivors Area.

#### Q - How can I join the T-Shirt Design Contest?

A - Look for the T-Shirt Contest Judging in the **Move More Area** select 1 person to go in and model your T-shirt for the panel of Judges. T-shirts will be given a score base on Creativity, Design, and relevance to American Heart Association. **Judging closes at 8:55 AM.** 

## Q - I'm a Top Walker is there anything going on for me?

A – Yes! if you have raised at least \$1,000 as an individual you are a **TOP WALKER** and you should report to the **Top Flight VIP Area** located in the large white tent in Center Field. If you do not have a VIP Pass, you can pick it up there.

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## Q – What about Company photos?

A – There will be a Company Photo Area in the outfield. Please contact your Team Captains to see if your Company has a scheduled time slot for its photo.

Heart Walk Company Photo		
Schedule		
Time	Photographer 1	Photographer 2
8:00	Open- Walk Up	Open- Walk Up
8:05	SYNOVUS	Roper Corporation
8:10	Baker Donelson	Times Free Press
8:20	M & M Industries	Elder's ACE hardware
8:30	Republic Parking	Playcore
8:40	BenchMark Rehab	Erlanger Health System
8:50	CMAA	UNUM
8:55 -10:30 BREAK FOR WALK		
10:30	BCBST	HealthSouth Rehabilitation Hospital
10:35	CHI Memorial	Chambliss, Bahner, & Stophel
10:40	Covenant Transport	Parkridge Health System
10:45 Break for Awards		
Ceremony		
10:55	EPB	Buzzi Unicem USA
11:00	CIGNA	We R CPR
11:05 - 11:30	Community Teams	Community Teams

Please have your groups gathered & ready beside

the Company Photo Tent 5 minutes prior to your scheduled time

#### Q - What if it rains?

A - THE WALK MUST GO ON! This is a rain or shine event unless it is lightning. If it is raining, bring a rain jacket and/or umbrella.

IN CASE OF SEVERE WEATHER CANCELLATION OR DELAY WE WILL POST A NOTIFICATION ON OUR EVENT ON FACEBOOK LOCATED AT facebook.com/AHATennessee

WE WILL ALSO NOTIFY, OUR MEDIA PARTNERS CHANNEL 9, FOX, AND BREWER BRODCASTING.

#### Q -- What time will the event be over?

A – The event will be over at 11:30 AM. Awards will be given after the walk. Please continue back into the stadium once you have completed the course.

## Q -- How long is the course?

A -- The course is 2.5K. A scenic, mostly flat route that crosses the Tennessee river twice.

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# Q -- Should I bring my family?

A --Absolutely! The Heart Walk is a family event. We encourage you to bring your whole family. STROLLERS WELCOME!

## Q -- Can I bring my dog?

A – Yes, dogs are allowed at the Heart Walk! Free treats and water bowls will be available for our 4-legged walkers in the different areas of the Heart Walk.

## **PLEASE CLEAN UP AFTER YOUR PETS!**

#### Q- Will there be food at the event?

A - Yes, the **Eat Street Market** will include fresh fruit, bagels, coffee and more. Additionally, bottled water will be available in all the areas of the event.

# Q- Can I start walking early?

A -- No. For your safety, you may not begin until the official start time. Please refrain from leaving before we line up at the Start Line at 9:15 AM.

Thanks for your support! We look forward to seeing you on Oct 28th!