

2018 TAMPA BAY
Heart Walk



SATURDAY, NOVEMBER 10, 2018

8:00 A.M. FESTIVITIES BEGIN

Raymond James Stadium

TampaBayHeartWalk.org

#TBHeartWalk



American Heart Association®

Heart Walk®

Welcome

Thank you for supporting the Tampa Bay Heart Walk. Your work makes everything we do possible: from correcting heart defects and preventing stroke to funding lifesaving research. Your selflessness and passion bring us one step closer to our mission: to be a relentless force for a world of longer, healthier lives.



CELEBRATING 25 YEARS OF KEEPING HEARTS BEATING IN TAMPA BAY

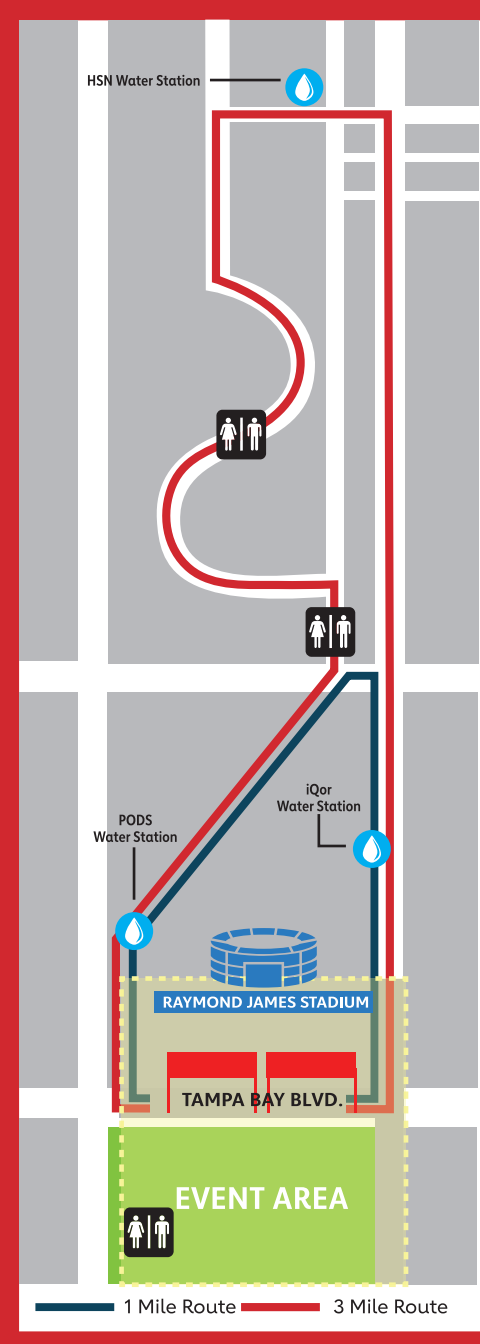
Schedule

- 7:30 a.m.** K Club breakfast, donation turn in and company photos start
- 8:00 a.m.** Festivities begin
- 8:40 a.m.** Opening ceremony on stage with Heart Walk Chair, Jeff Vinik, Chairman and Governor of the Tampa Bay Lightning
- 9:00 a.m.** Walk begins

Company Photo Times

9:05 3	717 Parking	7:50 3	McNichols Company
7:55 1	AAA	8:15 3	Nielsen
7:55 2	AECOM	8:15 2	Pepin Distributing
9:00 2	Aetna	8:20 3	PNC
8:10 1	BayCare	8:55 1	PODS
9:05 2	Caspers Company	8:50 3	Power Design
9:00 1	CBIZ	8:30 3	PwC
8:55 2	CCG	8:30 1	Raymond James
7:45 3	CDW	8:45 2	Smith & Associates Real Estate
7:55 1	Citi	8:35 3	SYKES
8:00 3	City of St. Petersburg	8:00 2	Syniverse
8:10 3	City of Tampa	8:40 2	Tampa Bay Lightning
8:40 1	Florida Hospital West Florida Division	8:50 1	Tampa Bay Rays
8:50 2	Franklin Street	8:30 2	Tampa Bay Trane
9:05 1	Frontier Communications	8:05 1	Tampa General Hospital
8:20 2	GTE Financial	8:00 1	Tech Data
8:20 1	HCA West Florida	7:40 3	The Anvil Group
8:35 2	Hillsborough Community College	8:25 3	The Bank of Tampa
8:20 2	Hillsborough County Tax	7:50 2	The Bernd Group
8:15 1	HSN	8:10 2	Transamerica & TCS
8:45 1	Jabil	7:55 3	UnitedHealthcare
8:45 3	Johns Hopkins All Children's Hospital	8:35 1	University of South Florida
8:55 3	JPMorgan Chase	9:00 3	Vology
8:05 2	LabCorp	8:05 3	Walgreens
8:25 1	Lawyers with Heart	8:40 3	Water Street Tampa
		8:25 2	WFLA, News Channel 8

- 1 Sparkman Wharf
- 2 Tampa Bay Rays
- 3 Silent Disco Sponsored by Amscot
- 4 GTE Financial
- 5 Humana
- 6 Tampa General Hospital Employee Area
- 7 Tampa General Hospital
- 8 HSN Employee Area
- 9 Nielsen
- 10 Nielsen Employee Area
- 11 World Wide Technology/Veritas
- 12 Caspers Company
- 13 Jabil Employee Area
- 14 Vology
- 15 Valley Bank Employee Area
- 16 HCA West Florida Employee Area
- 17 HCA West Florida
- 18 EWI
- 19 Walgreens Employee Area
- 20 Walgreens
- 21 Franklin Street
- 22 University of South Florida
- 23 Smith & Associates Real Estate
- 24 ConnectWise
- 25 AAA
- 26 Ashley HomeStore
- 27 BayCare
- 28 CDW Employee Area
- 29 Transamerica
- 30 Lawyers with Heart Meeting Area
- 31 Holland & Knight
- 32 Community Teams Meeting Area
- 33 McNichols Company
- 34 Florida Blue
- 35 Tech Data
- 36 WFLA, News Channel 8 Viewer Area
- 37 Tampa Bay Lightning Employee Area
- 38 Tampa Bay Lightning
- 39 Johns Hopkins All Children's Hospital
- 40 Citi
- 41 Syniverse Employee Area
- 42 PODS
- 43 Magic 94.9, Hot 101.5, 97.X
- 44 Bloomin' Brands
- 45 Raymond James Employee Area
- 46 Raymond James
- 47 Florida Hospital Employee Area
- 48 Florida Hospital
- 49 Tribute Area
- 50 Survivor Caps and Capes
- 51 Pepin Distributing
- 52 Pepin Distributing Employee Area
- 53 SYKES Employee Area
- 54 CPR Sponsored by SYKES
- 55 Tampa Bay Trane
- 56 LabCorp
- 57 Franklin Templeton Employee Area
- 58 JPMorgan Chase
- 59 Blue Grace Logistics



Meeting Spots

BALLOON TOWERS ARE COMPANY AND TEAM MEET-UP LOCATIONS

Yellow	717 Parking	Blue	Johns Hopkins AllChildren's Hospital
Green	AAA	Blue	JPMorgan Chase
Yellow	AECOM	Red	Kane's Furniture
Red	Aetna	Green	LabCorp
Red	Amgen	Green	Masonite
Yellow	AVI - SPL	Red	Pinellas County Government
Blue	BayCare	Green	PNC
Green	Bouchard Insurance	Red	PODS
Green	CBIZ	Red	Power Design
Blue	CCG	Yellow	PwC
Blue	Citi	Red	Smith & Associates Real Estate
Green	City of St. Petersburg	Red	Stantec
Blue	City of Tampa	Blue	Tampa Bay Rays
Yellow	CliftonLarson Allen	Yellow	Tampa Bay Trane
Red	Deloitte	Yellow	Tech Data
Yellow	Empire Office	Blue	The Anvil Group
Red	EWI	Yellow	The Bank of Tampa
Blue	Feld Entertainment	Green	The Bernd Group
Red	Florida Blue	Red	Transamerica & TCS
Green	Franklin Street	Green	UnitedHealthcare
Yellow	Frontier Communications	Green	University of South Florida
Blue	Gresham Smith & Partners	Blue	University of Tampa
Green	GTE Financial	Yellow	Vology
Yellow	Hillsborough Community College	Blue	Walgreens
Red	Hillsborough County Tax	Yellow	Water Street Tampa
Green	Humana	Blue	WRH Realty
Blue	iQor		

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Check out our
Heart Walk filters!

Not Just a Heart Attack

As an active, healthy woman, I did not think I fit the profile for a heart disease victim. But heart disease doesn't discriminate. At 40 years old, I suffered from a rare, spontaneous tear in my coronary artery that resulted in a heart attack. After receiving two stents in my artery, I was able to return home to my two young daughters, Ana and Hadley. Over time, my stents began to fail and without treatment, I risked permanent damage to my heart. Motivated by my two girls, I made the courageous decision to undergo open heart surgery. I have learned that many women suffer from cardiovascular events, and I'm empowered to put my health first. I am proud to report that I am four months post-surgery and enjoying spending precious time with my family.



Thank you for supporting the mission of the American Heart Association to be a relentless force for a world of longer, healthier lives. You are funding lifesaving research that keeps hearts beating, and helps families like mine survive heart disease, stroke and congenital heart defects.

- Jenn

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