

Tennessee Valley Heart Walk Q & A

**Saturday, October 27th, 2018
AT&T Field, Downtown Chattanooga
Festival Begins at 8:30 AM**

Q -- What time should I arrive?

A – Gates open at 8:30 AM so we encourage you to arrive as close to that time as possible. We suggest all walkers be in the stadium no later than 9:15 AM.

Q -- Where do I park?

A -- Free Parking is available this year at the Liberty Garage located on 6th Street next to the Downtown YMCA. There will be a shuttle will be running from the garage to the stadium from 8:00a-9:30a , and again from 11:00a-Noon.

Q -- Where can I turn in money or make a donation at the event?

A -- You can turn your money in at the **Merrill Lynch Donation Tent** located inside AT&T Filed.

Q – What does it cost to attend?

A -- The Tennessee Valley Heart Walk free and open to everyone who wishes to attend.

Q -- I am a survivor of heart disease and/or stroke, is there any place specific I need to go?

A – Yes. When you arrive, please come Survivor Registration Table located within the **CHI Memorial Healthy for Good Survivor Area.**

Q -- If I am walking as a tribute to someone, where do I get a Tribute Sticker?

A -- Tribute Stickers will be available free of charge in the **CHI Memorial Healthy for Good Survivor Area.**

Q - How can I join the T-Shirt Design Contest?

A - Look for the **SYNOVUS** T-Shirt Contest Judging tent and select 1 person to go in and model your T-shirt for the panel of Judges. T-shirts will be given a score based on Creativity, Design, and relevance to American Heart Association. **Judging closes at 9:25 AM.**

Q - I'm a Top Walker is there anything going on for me?

A – Yes! if you have raised at least **\$1,000 as an individual** you are a **TOP WALKER** and you should report to the **Chattanooga Airport VIP Area** located in the large white tent beside the stage. If you do not have a VIP Pass, you can pick it up there.

Q – What about Company photos?

A – There will be a Company Photo Area in the outfield. Please contact your Company Leader to determine your Company time slot for its photo.

Q - What if it rains?

A - THE WALK MUST GO ON! This is a rain or shine event unless it is lightning. If it is raining, bring a rain jacket and/or umbrella.

IN CASE OF SEVERE WEATHER CANCELLATION OR DELAY WE WILL POST A NOTIFICATION ON OUR EVENT ON FACEBOOK LOCATED AT [facebook.com/AHATennessee](https://www.facebook.com/AHATennessee)

WE Will ALSO NOTIFY, OUR MEDIA PARTNERS CHANNEL 9, FOX, AND BREWER BROADCASTING.

Q -- Should I bring my family?

A --Absolutely! The Heart Walk is a family event. We encourage you to bring your whole family. STROLLERS WELCOME!

Q- Will there be food at the event?

A - Yes, **Eat Street** will include fresh fruit, bagels, water, and coffee.

Q -- Can I bring my dog?

A – Yes, dogs are allowed at the Heart Walk! Free treats and water bowls will be available for our 4-legged walkers in the different areas of the Heart Walk.

PLEASE CLEAN UP AFTER YOUR PETS!

Q- Can I start walking early?

A -- No. For your safety, you may not begin until the official start time. Please refrain from leaving before we line up at the Start Line.

Q -- How long is the route?

A -- The course is just under 2 miles. A scenic, mostly flat route that crosses the Tennessee river twice.

The 2018 Heart Walk Route: Walk out of the stadium, Follow 3rd St. to Market St. and turn **LEFT**, Follow Market to Fraizer Ave. and turn **RIGHT**, Follow Fraizer to Walnut St. and turn **RIGHT**, Follow Walnut St. to 3rd St. and turn **RIGHT**, Follow 3rd St. back to Stadium.



Q – What if I can't walk the full route.

A – If you are a recent survivor or unable to walk the entire route there is a Survivor Turn around at the corner of 3rd St. and Market St. or you are welcome to remain in the stadium while the walkers are out on the route.

Thanks for your support! We look forward to seeing you on Oct 27th!