



# 2018 Miami Heart Walk

Sunday, November 18<sup>th</sup>, 2018

Museum Park – 1075 Biscayne Blvd Miami, FL 33132

Fun Begins at 8:00 AM

Walk Begins at 9:00 AM



# Event Parking

## **METROMOVER**

Museum Park is directly adjacent to the Miami-Dade Metromover, Museum Park station. Take the Omni Loop train to Museum Park station, and arrive steps from the park entrance. Visit [Miami-Dade Transit](#) to view a full map of stations and information.

## **METROBUS**

Museum Park is serviced by several bus routes. Visit [Miami-Dade Transit](#) to view bus schedules, connections and transit directions.

## **MIAMI TROLLEY**

Museum Park is serviced by the Biscayne trolley route, with a stop on Biscayne Boulevard, just north of NE 10 St. Visit [Miami Trolley](#) for a full list of route maps and information.

## **AMERICAN AIRLINES ARENA**

American Airlines Arena is offering \$5 discounted parking in their garage located south of Museum Park. Pull into P2 garage. Exit stairwell 1&2, on the left, it'll lead you closer to 8<sup>th</sup> Street and Museum Park.

## **SP+PARKING**

Bayside Marketplace is offering \$5 discounted parking in their garage located south of Museum Park.

There are other public parking lots surrounding Museum Park. Visit [www.miamiparking.com](http://www.miamiparking.com)



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# Event Information



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# FAQ

## **Is there any special recognition for survivors of heart disease and stroke?**

Yes, heart disease and stroke adult survivors are given ball caps and children survivors are given capes to wear during the Heart Walk to show their triumph over heart disease or stroke. Tribute stickers are available for you to fill out and wear on your shirt. To acquire these items be sure to stop by the “Survivor Celebration Area” tent and “Tribute Stickers” tent.

## **Do I have to pay a registration fee?**

There is no registration fee, but fundraising is encouraged. Any participant who raises \$100 or more will receive a Miami Heart Walk t-shirt post walk.

## **Where do the proceeds go?**

Donations raised for the Miami Heart Walk will go to the American Heart Association, funding lifesaving heart disease and stroke research, community programs and advocacy efforts. For more information visit [www.heart.org](http://www.heart.org)

## **How long is the walk?**

Two routes (One mile and 5K) are available and both are handicapped and stroller accessible. Hydration stations are located along the way to provide water to participants.

## **Can my kids walk too?**

Definitely! There will be many kid-friendly activities at the Miami Heart Walk including special activities courtesy of the Frost Museum of Science. We do ask that you supervise your children when they arrive at the Kids Zone.

## **Can I bring my dog?**

Yes, the Miami Heart Walk is dog friendly! Please clean up after your pet. We have hydration stations set-up for your dogs around the event. Please only bring dogs that are comfortable and friendly in large crowds and fit enough for the routes.

## **Are there any special benefits for Top Walkers (\$1,000+)?**

Absolutely! To show our appreciation, we are providing our Top Walkers with enhanced benefits to enjoy at the 2018 Miami Heart Walk. Be sure to stop by the “Top Walker” tent, located in front of the stage.



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# FAQ

## **Where do I turn in donations?**

There will be a money turn-in station at the “Donation Collection” tent located near the stage. To save time, it may be easiest for coaches to collect all walker envelopes and turn in all team money at once.

## **If I can't make it to the walk, can I still participate?**

If you can't attend the event, you can still participate as a virtual walker. Sign up online ([www.MiamiHeartWalk.org](http://www.MiamiHeartWalk.org)) and fundraise right from your personal webpage. Try to encourage your donors to give by credit card or debit card online, or mail checks to the American Heart Association local office at 4000 Hollywood Blvd #170-N Hollywood, FL 33021.

## **What if the weather is bad?**

The event will be held regardless of weather. If it is raining, please bring your umbrella or rain gear.

## **Can I run the course instead of walking?**

Yes, you may run the course. However, you will not be timed and awards are not given for completing the course. We will make an announcement for all runners to move to the beginning of the start line so they do not have to run past the walkers.

## **What restroom facilities will be available?**

Museum Park has public restrooms and there will also be portalets on-site.

## **Where is the Start Line located?**

On Biscayne Blvd and NE 11<sup>th</sup> Street.

## **Where do I rally my team?**

Rally your team at our Rally Towers. We will have 3 Rally towers – white, blue, and yellow located at the center of the tents. Pick a color and have your team meet there.

## **Where do you take team photos?**

After your rally your team, stop by the steps leading up to the Frost Science Museum to have your team photo take professionally.



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