

Healthy For Good™
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2017 TAMPA BAY HEART WALK



Saturday, November 11 | 8:00 a.m. Festivities Begin Raymond James Stadium | TampaBayHeartWalk.org #TBHeartWalk

WELCOME

Thank you for supporting this year's Tampa Bay Heart Walk. Your generosity helps fund the American Heart Association and American Stroke Association's mission of building healthier lives, free of cardiovascular diseases and stroke. We couldn't do this without each and every one of you!



Thank you to every veteran who has made the ultimate sacrifice for our country. Our hearts are with all who have served and serve. With respect and gratitude, we honor you today and every day.

SCHEDULE

7:30 a.m. K Club breakfast, donation turn in and

company photos start

8:00 a.m. Festivities begin

8:40 a.m. Opening ceremony on stage with Heart Walk

Chair, Bill Peters, President of Jabil

9:00 a.m. Walk begins

COMPANY PHOTO TIMES

8:30	В	AECOM	8:45	С	Johns Hopkins All
7:40	В	Aetna	7.50	Α	Children's Hospital Johnson & Johnson
7:45	Α	AmeriLife	7:50 8:55		JPMorgan Chase
8:10	Α	BayCare	8:05		LabCorp
7:55	Α	Bisk	8:25		Lawyers With Heart
8:40	В	Catalina	8:50	В	Masonite
9:00	Α	CBIZ	7:50	С	McNichols Company
8:20	С	CDW	8:15	С	Nielsen
7:40	Α	Citi	8:55	A	PODS
8:05	С	City of St. Petersburg	8:50	С	Power Design
8:10	С	City of Tampa	8:30	С	PwC
9:00	В	Convergence	8:30	Α	Raymond James
		Consulting Group	8:45	В	Smith & Associates
8:25	В	Cushman & Wakefield	8:55	D	Real Estate SPARK
7:55	С	Ernst & Young	8:35		SYKES
8:40	A	Florida Hospital West Florida Region		В	Syniverse
8:00	С	Franklin Templeton	8:50	Α	Tampa Bay Rays
9:05	STAGE	Frontier	7:50	В	Tampa Bay Trane
		Communications	8:05	Α	Tampa General Hospital
8:20	В	GTE Financial	7:45	В	Tech Data
8:20	A	HCA West Florida	8:15	В	The Bank of Tampa
7:55	В	HealthSouth	8:45	Α	Transamerica
7:45	С	Hillsborough	8:25	С	UnitedHealthcare
		Community College	8:35	Α	University of South Florida
8:35	С	Holland & Knight	7:40	С	Verizon
8:15	Α	HSN	9:00		Vology
8:10	В	iQor	8:40	С	Walgreens
9:05	Α	Jabil	8:00	A	WFLA, News Channel 8



BALLOON TOWERS

Towers are company and team meet-up locations

	_	_	
Yellow	717 Parking	Green	LabCorp
Yellow	AECOM	Green	Masonite
Red	Aetna	Green	Nestle
Yellow	AmeriLife	Red	Paychex
Green	Bisk	Red	Pinellas County Government
Green	CBIZ	Red	PODS
Blue	Citi	Red	Power Design
Green	City of St. Petersburg	Yellow	PwC
Blue	City of Tampa	Green	Rooms To Go
Blue	Ernst & Young	Red	Smith & Associates Real Estate
Blue	Gresham Smith & Partners	Red	SPARK
Green	GTE Financial	Yellow	Syniverse
Green	HealthPlan Services	Blue	Tampa Bay Rays
Blue	HealthSouth	Yellow	Tech Data
Yellow	Hillsborough Community College	Yellow	The Bank of Tampa
Red	Hillsborough County Government	Yellow	TLC Engineering
Green	Humana	Red	Transamerica
Blue	iQor	Green	University of South Florida
Blue	Johnson & Johnson	Red	Verizon
Blue	JPMorgan Chase	Yellow	Vology
Red	Kane's Furntiure	Blue	Walgreens



#TBHeartWalk



@HeartTampaBay



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Check out our Geofilters & share your snaps!



The Bedinghaus family would like to share their story:

At the age of 31, Kristin suffered a stroke. She was at home with her two sets of twins, getting ready to take them to the park. While walking down the stairs, Kristin lost mobility in her left side. Luckily, she had the strength to call her husband, Elliott, who ensured she quickly made it to the hospital. At the hospital, doctors confirmed Kristin had a stroke. Kristin

and her family were shocked by the diagnosis; Kristin was healthy and active, and had no history of stroke in her family. But the biggest shock was when Kristin was told that she would not walk again. Motivated by her four children – and through strength, faith, determination, and her husband Elliott's unconditional support – Kristin now walks and plays with her kids. Kristin says life after stroke is not as natural, but her family helps her create a "new normal" every day.

Thank you for your commitment and generous support! You are continuing to fund lifesaving research and initiatives that will better the lives of families just like the Bedinghaus'.

- Elliott, Kristin, Ross, Ivey, Jett and Jude

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