



Healthy For Good™
Heart Walk®

Frequently Asked Questions

- **Where is the Walk?** The Heart Walk is at the Meyer Amphitheatre in downtown West Palm Beach: 105 Evernia St, West Palm Beach, FL 33401
- **What time should I plan on arriving?** The fun will begin at 8:00 a.m. and the walk will begin at 9:00 a.m.
- **Do I need to check-in?** No check-in required. This is a free event to celebrate fundraising efforts that support the American Heart and American Stroke Association's mission and heart healthy lifestyles in Palm Beach County!
- **May I bring donations to turn-in?** There will be a donation turn-in tent on site at the Heart Walk.
- **Are there any social networking sites being used?** Rally the entire community around this event by sharing your special moments on all your social networking sites and be sure to use the hashtags #PBHeartWalk, #HealthyForGood and #HeartWalking. As you check out the Healthy For Good activities, use Instagram to showcase photos of how you're getting Healthy For Good and don't forget to tag @American_Heart.
- **Anything else special I should know?** Be sure to visit our survivor area and walk through our Heart Tunnel! We will also have a variety of Healthy For Good activities throughout the morning and along the route!

For more information, please visit www.PalmBeachHeartWalk.org.

