

FAQ

When and where is the Broward Heart Walk?

The Broward Heart Walk will be held on Sunday, March 17, 2019. The Broward Heart Walk is at Nova Southeastern University: 3301 College Avenue Ft. Lauderdale, FL 33314.

Where can I park?

Free parking is available in the parking garage by the Alvin Sherman Library (3100 Ray Ferrero, Jr. Blvd., Fort Lauderdale, FL 33314). There will be overflow parking across the campus should that garage fill up.

Where do I turn in donations?

There will be a money turn-in station at the “Donation Collection” tent located near the library. To save time, it may be easiest for coaches to collect all walker envelopes and turn in all team money at once.

If I can't make it to the walk, can I still participate?

If you can't attend the event, you can still participate as a virtual walker. Sign up online (www.BrowardHeartWalk.org) and fundraise right from your personal webpage. Try to encourage your donors to give by credit card or debit card online, or mail checks to the American Heart Association local office at 4000 Hollywood Blvd #170-N Hollywood, FL 33021.

What if the weather is bad?

The event will be held regardless of weather. If it is raining, please bring your umbrella or rain gear.

Can I run the course instead of walking?

Yes, you may run the course. However, you will not be timed and awards are not given for completing the course. We will make an announcement for all runners to move to the beginning of the start line so they do not have to run past the walkers.

Where do I rally my team?

Rally your team at our Rally Towers. We will have 3 Rally towers – white, green, and yellow located at the center of the tents. Pick a color and have your team meet there.

Where do you take team photos?

Stop by the steps in front of the Alvin Sherman Library anytime between 7:45AM – 8:45AM to take a photo. Please rally your team and just stop at the photo check in table and they'll fit you right in!

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Is there any special recognition for survivors of heart disease and stroke?

Yes, heart disease and stroke adult survivors are given ball caps and children survivors are given capes to wear during the Heart Walk to show their triumph over heart disease or stroke. Tribute stickers are available for you to fill out and wear on your shirt.

Do I have to pay a registration fee?

There is no registration fee, but fundraising is encouraged. The more you fundraise the more points you earn in your personal Rewards Center. Points can be redeemed for Heart Walk Hero Gear. Be sure to visit your Rewards Center, points expire 6 weeks after the day of the Heart Walk.

Where do the proceeds go?

Donations raised for the Broward Heart Walk will go to the American Heart Association, funding lifesaving heart disease and stroke research, community programs and advocacy efforts. For more information visit www.heart.org

How long is the walk?

Two routes (One mile and 5K) are available and both are handicapped and stroller accessible. Hydration stations are located along the way to provide water to participants.

Can my kids walk too?

Definitely! There will be many kid-friendly activities at the Broward Heart Walk. We do ask that you supervise your children when they arrive at the Kids Zone.

Can I bring my dog?

Yes, the Broward Heart Walk is dog friendly! Please clean up after your pet. We have hydration stations set-up for your dogs around the event. Please only bring dogs that are comfortable and friendly in large crowds and fit enough for the routes.

Are there any special benefits for Top Walkers (\$1,000+)?

Absolutely! To show our appreciation, we are providing our Top Walkers with enhanced benefits to enjoy at the 2019 Broward Heart Walk. Be sure to stop by the "Top Walker" tent, located in front of the stage.

If t-shirts aren't distributed until after the walk, what should I wear that morning?

Companies and/or teams typically design their own shirts to wear at the walk to show their spirit and distinguish themselves from the crowd. If you do not have a company t-shirt, any workout clothes will work. Don't forget your walking shoes!