

AMERICAN HEART ASSOCIATION'S

H *South West, Michigan*
HEART WALK

September 23, 2017

Bronson Park, Kalamazoo

200 S Rose Street | Kalamazoo, MI 49007

Pets on leashes are allowed.

Mediation 7:30am | Festivities Begin 8:00am | Walk 9:15am (1 - 3 Mile)

KalamazooHeartWalk.org

Join us for a great day of celebrating Healthy For Good!

Move More, Eat Smart, Be Well and Add Color

**Fitness
Activities**

**Yoga/
Meditation**

**Mascot Dance
Off**

**Live
Music**

Kids Zone

Giant Twister

Pet Zone

MORE!

**Register your Company or Community Teams
today at www.kalamazooheartwalk.org.**

For additional questions, please contact
Kimberly Earnshaw at kimberly.earnshaw@heart.org

