



American Heart Association®

Heart Walk®

2019 Cleveland Heart Walk

September 21, 2019
Mall C Downtown Cleveland

Across the country, 350 walks with 1,000,000 walkers focus attention on exercise as an important part of a heart-healthy lifestyle. **Have fun while supporting lifesaving heart disease, stroke research and education.** As the American Heart Association's biggest fundraiser, the heart & stroke walk raises money for critical research and education to fight these deadly diseases.

Join Us

September 21, 2019
Mall C, Downtown Cleveland
301 Lakeside Ave E.

Get Involved:

Register your company, ask your co-workers to join the team, raise funds & walk with pride!

Schedule of Events

7:00 AM-12:00 PM

7:00 AM

Sunrise Yoga & Barre

8:00 AM-12:00 PM

Healthy For Good Festival

Family & pet friendly event with free screenings, health information, local physicians & more

Register your own community team, ask family members and friends to join your team and raise money in honor of a survivor!

Register as an individual walker and ask for donations.

Although there is not a registration fee, all walkers are encouraged to collect donations in support of our mission. Online fundraising and collection envelopes are available.

10:00 AM

1 or 3 Mile Walk

Heart & stroke survivors will be honored with signature hat or cape for children.

TO GET INVOLVED, PLEASE CONTACT:

216.619.5154

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