



American Heart Association.
Heart Walk.



2024 RUTHERFORD COUNTY

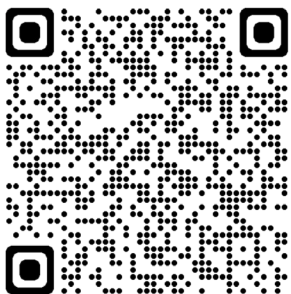
HEART WALK

MAY 18 | 8AM | GATEWAY PARK

We're hosting a Healthy Food Drive at the Heart Walk!

Will you help us stock the MTSU Student Food Pantry with nutritious options? Use the QR code to register for the Heart Walk and find more information about the food drive under event details.

Remember to look for products with lower amounts of sodium, added sugar, and saturated fats.



We can't wait to see you and your healthy food on May 18th!

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HEALTH



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