



American Heart Association.
Heart Walk.®

How to Register Your Team

1. Go to newmexicoheartwalk.org.
2. Click **Register** to Join Heart Walk.
3. Click **Start a Team**.
4. If you've participated in the New Mexico Heart Walk before, click **yes** and log-in with your account information. If you have not, click **no**.
5. Choose your company from the drop-down menu and create a team name (feel free to get creative!). Set your team fundraising goal at a **minimum of \$1,000**.
6. Choose if you want to participate in the **5K Run** (timed 5k race – you receive a runner bib, medal and t-shirt with your registration fee of \$55/\$40 Early Bird Fee until 6/30) or the **Heart Walk** (not timed and free). Please note – your choice will not affect others on your team.
7. Enter a **Personal Fundraising Goal** (consider being a top walker and raising \$1,000+).
8. Consider kicking off your fundraising page with a personal donation (optional)!
9. Fill out your contact information.
10. Create a username and password.
11. Let us know if you would like to be recognized as a **Heart or Stroke survivor** at the Heart Walk.
12. Select your t-shirt size from the drop-down menu.
13. Click the check mark after reading the **Release with Publicity Consent**.
14. If you're participating in the **5K Run**, please fill out your age, gender and emergency contact information. You will need to input your credit card information on the next page for the \$55 fee (\$40 Early Bird Fee until 6/30).
15. You will see a confirmation page – click **Complete Registration** and begin fundraising!