



American Heart Association®

Heart Walk®

2025 Chicago Heart Walk

September 20, 2025

Christ Church Oak Brook – 1 mile Route Map



1 mile Route Directions

- The Route begins at the Christ Church Oak Brook parking lot at 31st and Lincoln
- Exit north and cross 31st Street onto Lincoln (165ft)
- Turn left onto the walking path just north of 31st Street
- Stay on path and cross both Grant St and Polo Dr, heading west (1,500ft)
- Make a U-turn at the pool and tennis club entrance road (780ft)
- Follow the same walking path back and cross Polo Dr and Grant St, heading east (2,285ft)
- Turn right at Lincoln and finish at the Christ Church Oak Brook parking lot (165ft)

Please contact us with any questions:

312-476-6625



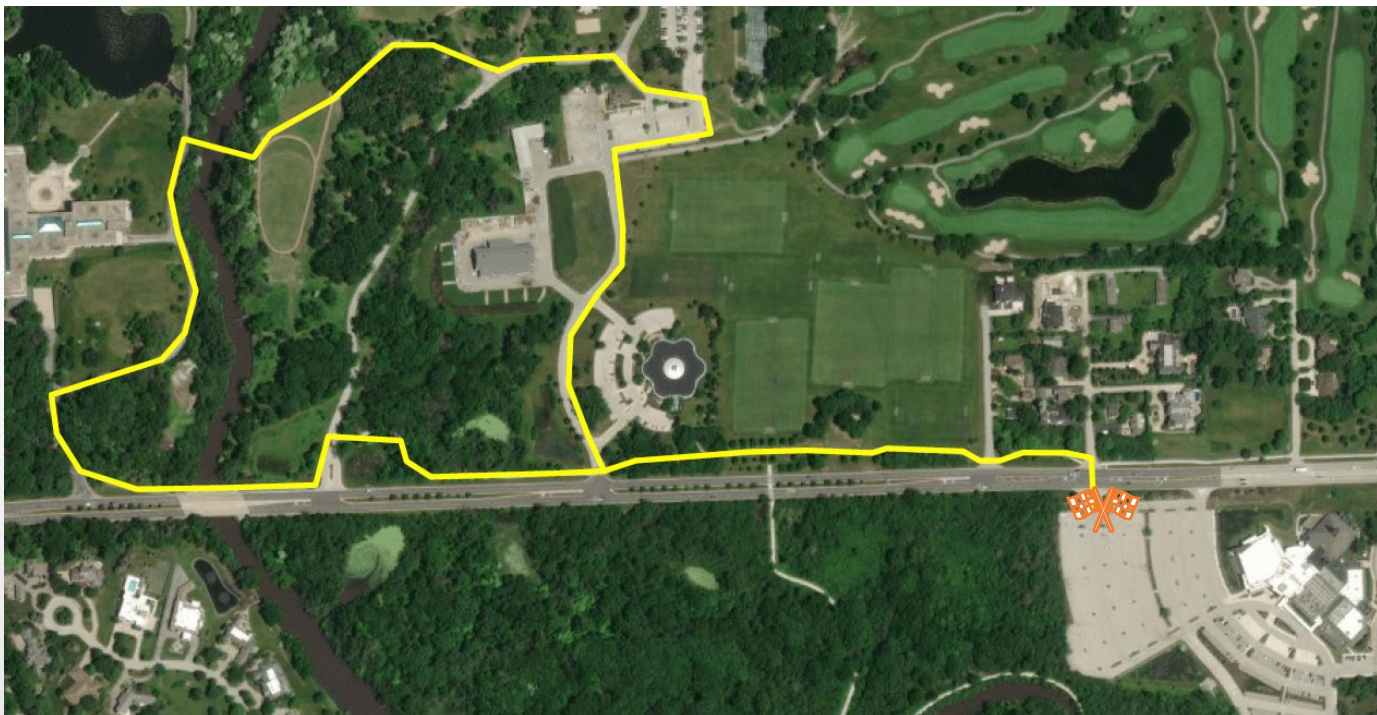
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Christ Church Oak Brook – 3 mile Route Map



3 mile Route Directions

- The Route begins at the Christ Church Oak Brook parking lot at 31st and Lincoln
- Exit north and cross 31st Street onto Lincoln (165ft)
- Turn left onto the walking path just north of 31st Street
- Stay on path and cross both Grant St and Polo Dr, heading west (1,500ft)
- At the pool and tennis club entrance road, make a right and head south to 31st Street and walk east on the north side of 31st Street (167ft)
- Veer right at Helpful way and then make a hard right and head northeast until the bridge over Salt Creek (2,000ft)
- Make a right to cross the Salt Creek bridge and follow the path east through the woods (1,800ft)
- Make another right and jog to the end of the parking lot, then make a left and follow the lot until Polo Drive (385ft)
- Make a left at Polo Drive and follow it south until it hits the original walking path (1,050ft)
- Make a left on the walking path and follow it east, crossing Grant Street (1,500ft)
- Turn right at Lincoln and finish at the Christ Church Oak Brook parking lot (165ft)

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