



American Heart Association®

Heart Walk®

2025 Chicago Heart Walk

September 21, 2025

Medline Industries LP – 1 mile Route Map



1 mile Route Directions

- The Route begins at the south end of the Medline parking lot
- Head west along the walking path from the starting arch (765ft)
- Turn right and follow the path north past the main buildings (1,800ft)
- Turn right and follow the path east past the north parking lot (665ft)
- Turn right and follow the path south (265ft)
- Turn left and follow the walking path in a general southwestern direction (1,460ft)
- Follow the path around the parking lots and cross Three Lakes Drive back into the Medline parking lot (650ft)
- Head south back through the Medline parking lot to the starting arch (330ft)

Please contact us with any questions:

312-476-6625



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Medline Industries LP – 3 mile Route Map



3 mile Route Directions

- The Route begins at the south end of the Medline parking lot
- Head west along the walking path from the starting arch (765ft)
- Turn right and follow the path north past the main buildings (1,800ft)
- Turn right and follow the path east past the north parking lot (665ft)
- Turn right and follow the path south (265ft)
- Turn left and follow the walking path in a general southwestern direction (1,460ft)
- Head south, turn left, and follow the path around the wooded area until you make a loop and are now headed west, following the walking path (1,375ft)
- Turn right and head north along the path, then backtrack west to cross Three Lakes Drive back into the Medline parking lot (910ft)
- Head south back through the Medline parking lot to the starting arch (330ft)

Please contact us with any questions:

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