

## Kern County Heart and Stroke Walk

**5K Route** 

California State University, Bakersfield 9001 Stockdale Hwy. Bakersfield, California 93311





The 5K route starts at the California State University, Bakersfield Amphitheatre.

- Travel east toward Don Hart Drive East for approximately .06 miles
- Turn right on Don Hart East heading south for approximately.21 miles
- Turn left on Knoll Dr., heading east for approximately .23 miles
- Turn right onto gravel path heading south for approximately .50 miles
- Turn right onto Camino Media heading west for approximately .35 miles
- Turn right onto Road Runner Drive heading north for approximately .43 miles
- Turn left onto Student Way heading west for approximately .37 miles
- Turn right onto CSUB Way head northwest for approximately .62 miles crossing Don Heart Drive West back into the Expo space at the California State University, Bakersfield Amphitheatre.
- A hydration station is available on the corner of Don Hart Drive East and Don Hart Drive.
- Restrooms are located within the expo area at the California State University, Bakersfield Amphitheatre and in parking lot I on Road Runner Dr.

## Parking is available in three lots:

- Stockdale Highway and Don Hart Drive West
  - o From the intersection of Stockdale Highway and Don Hart Drive West:
    - Entrance to the lot located on Don Hart Drive West and is approximately .10 miles from the intersection of Stockdale Highway and Don Hart Drive West. Turn right into parking lot entrance.
- Don Hart Drive East
  - o From the intersection of Stockdale Highway and Don Hart Drive East:
    - Entrance to the lot located on Don Hart Drive East and is .05 miles from the intersection. Turn left into parking lot entrance.
- Accessible parking lot located on Don Heart Drive West
  - Entrance to the lot located on Don Hart Drive West and is approximately .16 miles from the intersection of Stockdale Highway and Don Hart Drive West. Turn left into parking lot entrance.

For assistance, please contact Danielle.Sanchez@heart.org