



September 15th • 8 a.m. Activities 9:30 a.m. Walk • www.NashvilleHeartWalk.org

Nashville Heart Walk - Vanderbilt University Campus

Where is the Start Line location?

- ✓ Capers Field on the Vanderbilt Campus, on the corner of Natchez Trace and Blakemore

Where do you park?

- ✓ Parking is free for all attendees in Lots 74, 76, and 76A on Vanderbilt University's campus

Where do you rally your team?

- ✓ Rally your team at our Rally Towers. We will have 3 Rally Towers- red, gray, and white located at the front of the field. Corporate companies that have fundraised \$10,000 or more have been assigned a Rally Tower, and we encourage our teams to use these as a meeting landmark for participants. If your company or team has not been assigned to a Rally Tower, pick a color and have your team meet there.

Where do you take company photos?

- ✓ After you rally your team, stop by the Team Photo tent to have your company picture taken professionally.

How long is the walk?

- ✓ The Heart Walk is a 3-mile route that starts at Capers Field and loops through Vanderbilt University. We also have a 1-mile survivor route.

Can I bring my dog?

- ✓ The Nashville Heart Walk is dog friendly! Please clean up after your pet. Dog water stations will be located around the park and in the Top Dog tent. Please bring only dogs that are comfortable and friendly in large crowds and fit enough for a three mile walk.



VIP & City Wide Executive Challenge Details

VIP TENT

Top Walkers are all invited to:

- Special VIP Lounge
- Omelet Station and Coffee Bar
- Chair Massages
- T-shirt Screen Printing
- Caricatures Drawing
- And more...

City-Wide Executive Challenge

Members of the City-Wide Executive Challenge (Executives who give or get \$5,000+) will be visually recognized. Each challenge member will have their photo and name displayed on our City-Wide Executive Challenge banners located on the activities field.



2018 Heart Walk Volunteer Opportunities



Day Prior and Day Of @ Vanderbilt University Campus

- Friday, September 14th – Set Up | 12:00pm-5:00pm
- Saturday, September 15th – Set Up, Event Execution, Tear Down | 6:00am-12:00pm (shifts are available)
- Contact April.Oberlin@heart.org for details

Locally Presented by:

