



American Heart Association.



GET YOUR HEART IN THE GAME!



During February, American Heart Month, we're rallying everyone to **Be the Beat: Save A Life. Learn CPR**. We're asking women to keep the rhythm going by learning the lifesaving skill of CPR. This aligns with the theme of the 2023 Go Red for Women® Experience, **Get your Heart in the Game**. It offers more ways for you to keep your hearts pumping and be the beat for the things that matter most to you and your family!

Good health is a journey, not a destination.

Wherever you are, you can take small actions that can make a big difference and have lasting health benefits.

10:30 A.M. REGISTRATION, SILENT AUCTION & HEALTH EXPO

- Learn Hands-Only CPR from University Hospitals Harrington Heart & Vascular Institute
- Enjoy interactive cardiovascular focused displays
- Experience the Rocket Mortgage FieldHouse Concourse and Power Portal, with special surprises that will help you get your Heart in the Game
- Bid on amazing silent auction packages
- Discover more about our premiere sponsors

12:00 P.M. LUNCHEON & PROGRAM

- Be captivated by event emcee Monica Robins, WKYC Studios
- Listen to a Heart-Healthy message from Medical Chair Yulanka Castro-Dominguez MD, University Hospitals Harrington Heart & Vascular Institute
- Be inspired by very special local survivor

JOIN US.

2023 Go Red for Women® Luncheon

February 7, 2023

10:30 a.m. - 1:30 p.m.

Rocket Mortgage FieldHouse

Dress Code: Red Attire or Business Casual
AND lace up your favorite sneakers to hit the court!



**RSVP by Friday 1.20.23 at
<https://new.event.gives/goredcle>**

If your company is a sponsor of this event, or if you are a Circle of Red member, do not use this link to register. You will be sent a separate link to RSVP.

For more information, visit our website at heart.org/clevelandgored or contact:
Julie.Gotschall@heart.org

2022 / 2023 CHAIRWOMEN

Alberta Lee, SPHR

Go Red for Women Campaign Co-Chair
SVP People & Culture
Cleveland Cavaliers & Rock Entertainment Group

Shelly Cayette

Go Red for Women Campaign Co-Chair
Chief Commercial Officer & Executive Vice President
Cleveland Cavaliers & Rock Entertainment Group

Yulanka Castro-Dominguez, MD

Medical Chair
University Hospitals Harrington Heart & Vascular Institute

Catherine O'Malley Kearney

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To view a full list of Executive Leadership Team members, visit heart.org/clevelandgored

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