

**Come join us and celebrate at:**

# **PORTAGE COUNTY HEART WALK**



**LOCALLY SPONSORED BY:**



The NEW Center  
Sequoia Wellness

Wednesday  
April 3rd, 2019



The NEW Center at  
NEOMED

EXPO BEGINS  
4:30PM

WALK BEGINS  
6:00PM

Register for FREE at:

[www.heart.org/portagecowalk](http://www.heart.org/portagecowalk)

Kick off  
MOVE MORE Month  
with us!

Contact your local Heart Walk Director for more information:



Michael Long

[michael.long@heart.org](mailto:michael.long@heart.org)

330-396-5797

**WWW.HEART.ORG/PORTAGECOWALK**

