

## How to Register for the Heart Walk

1. If on a computer, click **Register** in upper right of the screen or the **Register to Walk** button in the middle of the screen.



Home **Register** Donate Login



If on a mobile device, click the menu bars in the top right side of your screen and select **Register**.



2. Select **Start a Team**, **Join a Team**, **Join as Individual** (If you have participated in the past, choose Yes and enter your username/password; if you choose No, during registration you will have the ability to create a username/password.)

- ✓ If you clicked **Start a Team** that means you want to be a coach and recruit walkers to your team. Next choose the company your team should be listed under. If you don't see your company listed, contact your American Heart Association staff team to set up the company for you today.

**Start a Team**

- ✓ If you clicked **Join a Team** that means you want to be a member on an existing team. **Search** for your team name or by the company dropdown the team you wish to join is under. Click **Join** (to the right of the team information) to sign up as a member of that team.

**Join a Team**

- ✓ If you clicked **Join as Individual** that means you wish to register for the walk independently.

**Join as Individual**

3. Enter a fundraising goal (consider being a top walker and raising \$1,000!)
4. Make an extraordinary impact by making your personal **GIFT**. Click *Next Step*.
5. Fill out your contact information (first name/last name/email/mobile phone.)
6. Create your username and password (if you are new to participating with the Heart Walk.)
7. Answer other required (\*) questions.
8. Check the box to agree to the HeartWalk release and indemnification.
9. Review your registration – click *Complete Registration* and begin fundraising!

The Participant Center will appear. From this location you can:

- a. Customize your personal page by uploading a photo and share *your* WHY.
- b. Send emails to friends and family asking them to support your fundraising efforts for the Heart Walk.
- c. Post to social networks inviting your friends to donate.