



## **2019 Metro Detroit Heart & Stroke Walk/Run –**

### **Frequently Asked Questions**

**1. What day is the walk?**

Saturday, May 18<sup>th</sup> – Wayne State University, 457 W Palmer Ave, Detroit, MI 48202

- 7:30 a.m. – 5k Run Registration
- 8:00 a.m. – Festival grounds open & activities begin. Donation Drop-off & Check-in. There will be all sorts of companies giving away freebies, conducting health screenings, providing hands-only CPR training. We have a Kid's Zone featuring fun activities. Survivor area, and Tributes to loved ones and so much more.
- 9:00 a.m. – 5k Run begins
- 9:45 a.m. – Gather around for our opening ceremony
- Walk begins following the opening ceremony (approximately 10 a.m.).

**2. Where do I park?**

There are various lots available for parking and the charge will be \$6. A detailed map with specific Lots surrounding the area will soon be updated on the website. Please have a credit card on hand as most parking does not accept cash.

**3. How much does it cost to participate?**

There is no registration fee and no minimum pledge to walk. However, fundraising is encouraged to help fund the mission of the American Heart Association. Every donation makes a difference.

There is a \$35 registration fee to participate in the 5k Run. We encourage you to register online in advance for quicker check-in on the day of the event. The registration fee after May 10<sup>th</sup> will be \$40.

**4. Can I turn my donations in at the event?**

Absolutely! Beginning at 7:30 a.m. the American Heart Association Staff will be collecting walker envelopes and donations at the Information tent.

**5. Can we bring our dogs to the walk?**

Unfortunately, pets are not allowed unless they are a service dog.

**6. Is the walk route handicap and stroller accessible?**

Yes.



**7. Can my family join me if they are not registered?**

Yes. Registration is not required to take part in day of event activities and the walk itself. However, if you decide to participate in the 5k Run on the day of event, you **MUST** register at the 5k Run tent and have the \$35 registration fee (\$40 fee after May 10<sup>th</sup>).

**8. How long is the walk?**

We have a distance for all abilities. There are 1 mile and 5K route options. We also have a 5k Run route.

**9. Does the walk go on rain or shine?**

Yes. Please plan accordingly. The entire event does take place outdoors. In the event of severe weather warnings or lightning in the area, there will be an announcement prior to the event on our Facebook and Twitter pages.

**10. Are survivors recognized at the walk?**

Absolutely – you are the reason we do this! To honor you, we will have a special survivor area. You can gather there to receive your special survivor giveaways.

**11. Will there be food and beverages available?**

We will have **FREE** bottled water available on the festival grounds and hydration stations along the route. We will also have **FREE** heart healthy snacks on the festival grounds.

**12. How do we get to Wayne State University?**

Further information on getting to the Heart Walk will be posted to the website soon.

**13. What if my company wants to bus walkers to Heart Walk?**

Yes! Please see parking map.

**14. Is there first aid?**

Absolutely. We will have an ambulance service onsite and available to render aid if the need arises.

**15. Who sponsors your event?**

This event would not be possible without support from our incredible sponsors. [Follow this link](#) to view the list of companies helping us further our mission in the community!



**16. I would like to form a walk team; how do I do that?**

Wonderful; we are glad to have you! Please visit [www.miHeartWalk.org](http://www.miHeartWalk.org). If you have any questions or need help setting up your team please contact us at (248) 936-5782 or [Semi.HeartWalk@heart.org](mailto:Semi.HeartWalk@heart.org).

**17. I want to volunteer, not walk. How do I do that?**

We are thankful to have you! Please register to volunteer [HERE](#) or you can select the volunteer registration on our website [www.volunteerheartwalk.org](http://www.volunteerheartwalk.org)

**18. What if I receive additional donations after the walk? Where should I send them?**

You're welcome to send in any additional donations you receive to the address below. Please include a note stating it should be credited to your Metro Detroit's Heart Walk participation and mail it to the following address:

American Heart Association  
Attn: Heart Walk  
27777 Franklin Rd Suite 1150  
Southfield, MI 48034

**19. I cannot make it to the event, where do I send my donations?**

You are welcome to send any donations you received to the local office. Please include a note stating it should be credited to your Metro Detroit's Heart Walk participation and mail it to the following address:

American Heart Association  
Attn: Heart Walk  
27777 Franklin Rd Suite 1150  
Southfield, MI 48034

**20. When will I receive my tax receipt?**

Tax receipts can be obtained by contacting your Team Coach or by calling the Heart Walk Team at (248) 936-5782. Additionally, all offline donations of \$50 or more will receive a thank you letter from the AHA, which can serve as a tax receipt as well.



## 21. Where can I get a collection envelope?

Individuals participating through their company can request a collection envelope from their Team Coach. Independent walkers can contact the Heart Walk Team at (248) 936-5782 to request an envelope be sent to them.

## 22. Where do I go if I have additional questions regarding the 2019 Metro Detroit Heart Walk?

You can contact your Heart Walk Director or for help with the following items, please call (248) 936-5782 or email [Semi.HeartWalk@heart.org](mailto:Semi.HeartWalk@heart.org).

*Password Reset, Email Address Book Import, Sending Emails to Family and Friends,*

*Uploading Photos and Videos, Implementing Social Networking, and other general questions on your fundraising webpage.*