

# 2018 Frequently Asked Questions

## Where do I park?

Parking is free and available Lots 2 and 3 and along the Parkway. There will be a shuttle available from 7:30am – 11:30am that will circle around to drop off/pick up participants from Lot 3 to the entrance in Lot 2. There is a walkway that extends all the way from Lot 3, through Lot 2 to the campus (about a 10 minute walk). There are entrances to the campus from Zarzamora and University Way.

## How long is the walk?

A non-competitive 3.1 mile (5k) walk on the paved streets of Jaguar Parkway.

## Can I run? – SA Heart Race

YES! We have a 5k timed “Heat Race”. The entry fee is only \$25 and includes a racer bib, time chip and some special swag! If you would like to run and do not care to be timed, you may register as a FREE walker and simply run the course with our walkers. Online registration will be available until November 7<sup>th</sup>. Day of registration will be open at 7:00am onsite. The Heart Race will start at 8:00am and will have winners announced in adult and youth categories.

## Is there at theme?

Yes! We will walk like it’s 1993 to celebrate the 25<sup>th</sup> Anniversary of the Heart Walk. In honor of Veterans Day weekend, we will have a special acknowledgement of all military and first responders.

## Where do I “register” when I arrive?

The Walk portion is free and open to the public so there is no registration needed when you arrive. There is a “donation station” tent for those who would like to make a contribution or turn in their fundraising money. For those who are running in the 5k Heart Race, registration is online at [www.SanAntonioHeartWalk.org](http://www.SanAntonioHeartWalk.org) or at the racer registration table next to the Start line. *Please arrive early for on-site registration for the Heart Race if you have not pre-registered.*

## Will food and drinks be provided?

There will be a water stations along the route and the finish line. There will be a light, heart healthy breakfast provided in the HEB and Kodiak tents.

## Are dogs allowed?

Leashed, well-behaved dogs are welcome to join the festivities! Make sure to visit the Doggie Den!

## Are there activities for children?

Yes! “Kids Zone” will have fun activities for children of all ages to participate in.

## Do I get a Heart & Stroke Walk T-shirt for attending?

The official 2018 Heart & Stroke Walk T-shirt is available for those who have raised \$100 or more. If you are part of a corporate team, your shirt will be delivered when your company’s fundraising efforts have stopped (fundraising will continue through November 30). For those members of Community Teams who have raised \$100+ or turn in \$100 on Walk day, T-shirts can be picked up by the Donation Station tent.

## Where can I see the photos that are taken at the Walk?

They will be posted on the San Antonio AHA Facebook page, [www.facebook.com/ahasanantonio](http://www.facebook.com/ahasanantonio). You can then download your favorites for free!

**How do I get prizes for which I qualified?** Electronic gift certificates for any prizes earned will be sent to you via email the first week of December with instructions on how to redeem.

More questions? Email us at [SanAntonioHeartWalk@heart.org](mailto:SanAntonioHeartWalk@heart.org)