Dear Family,

We’re wrapping up our social-emotional learning (SEL) activities from the American Heart Association. We have covered a lot! Have you noticed any changes in how your child handles communication or conflicts? A renewed interest in fairness? A willingness to stand up for what’s right? I bet you will.

We’ll continue revisiting these lessons throughout the rest of the school year:

- Our activities teaching clear communication provide us with concrete steps for how to strike up a conversation and express ourselves clearly.
- Our study on resolving conflict equips us with the vocabulary to talk about how conflicts affect us.
- Learning about cooperation helps us work together more effective as a class and on group projects.
- Practicing active listening helps us not just listen but truly understand what others are saying.
- We know that standing up for ourselves means we need to be assertive, and we have the skills to do that.
- Our exploration of fairness teaches us to examine situations carefully to determine what’s truly fair. It’s not always easy!

All of these new skills will go a long way in helping our class work well together and helping your child be confident and successful, both at school and in life. Ask your child about these skills and encourage him or her to keep practicing them.

I look forward to continuing to work with you as we teach important life skills that address the whole child.

Sincerely,

________________________________
Your child’s teacher

Grin and share it

What did the eraser say to the pencil?
I see your point!
Eye-opening statistics

- 28% of U.S. students in grades 6–12 experienced bullying.
- Approximately 30% of young people admit to bullying others.
- 70.6% of young people say they have seen bullying in their schools.
- 70.4% of school staff have seen bullying.

Did you know?

Infants as young as 12 months old can show a basic understanding of fairness.

Source: Scientific American, August 2017