

THANK YOU FOR SIGNING UP TO VOLUNTEER AT THE  
**2019 MIAMI HEART WALK  
& 5K RUN**

Saturday, November 23 @12PM-5PM

Sunday, November 24 @5:30AM-12PM

Maurice A. Ferré- 1075 Biscayne Blvd Miami, FL 33132



# FAQ

## Where to Report for Your Shift:

Maurice A. Ferré Park- 1075 Biscayne Blvd Miami FL 33132

- **Saturday, November 23<sup>rd</sup> – 12pm – 5pm**

*head towards the NE side of the park, close to PAMM and look for Liza Guzman, she'll be wearing a purple t-shirt.*

- **Sunday, November 24<sup>th</sup> – 5:30am – 12pm (approximate end time)**

*head toward the NE side of the park, close to the stage you will see a tent labeled "Volunteer".* **Please let your lead know if you need to leave early, upon arrival.**

## Where to Park:

Parking can be limited in Downtown Miami, so it may be best to make arrangements to be dropped-off. If you do need parking information, please see next page.

## What to Wear:

Please wear whatever appropriate clothing you will be comfortable in, keeping in mind you will be working outside in the heat. Shorts and t-shirts are fine. For footwear, please wear sneakers or other comfortable closed toed shoes. If you're volunteering for the actual Walk day, the grass tends to be very wet in the morning, so your shoes will get wet.

We will have volunteer shirts for those working the actual Heart Walk on Sunday.



American Heart Association.  
**Heart Walk.**

# FAQ

## What About Food?

The American Heart Association will provide you with snacks and water. Please have a good meal before arriving.

## What will you be doing during your shift?

- *Saturday, November 23<sup>rd</sup> – 12pm – 5pm*

We will be doing pre-set of the tent area, hanging banners, and leaving as much ready as possible for Sunday.

- *Sunday, November 24<sup>th</sup> – 5:30am – 12pm (approximate end time)*

You will be helping the entire Heart Walk. You will be assigned to a team to help with park set-up, route set up, handing out water, cheering on walkers, clean up, etc. Assignments will be given when you check in that morning. Please be sure to arrive on time.

## What if the weather is bad?

The event will be held regardless of weather. If it is raining, please bring your umbrella or rain gear.

## How do I get my volunteer hours?

When you arrive to the park, you must ensure to sign in and sign out. We will be sending your volunteer letters out post event based on the sign in/out sheets. If you only signed in and didn't sign out, we won't be able to track your hours.



# Event Parking

## METROMOVER

Museum Park is directly adjacent to the Miami-Dade Metro mover, Museum Park station. Take the Omni Loop train to Museum Park station and arrive steps from the park entrance. Visit [Miami-Dade Transit](#) to view a full map of stations and information.

## METROBUS

Museum Park is serviced by several bus routes. Visit [Miami-Dade Transit](#) to view bus schedules, connections and transit directions.

## MIAMI TROLLEY

Museum Park is serviced by the Biscayne trolley route, with a stop on Biscayne Boulevard, just north of NE 10 St. Visit [Miami Trolley](#) for a full list of route maps and information.

## SP+PARKING

Bayside Marketplace is offering \$5 discounted parking in their garage located south of Museum Park.

There are other public parking lots surrounding Museum Park. Visit [www.miamiparking.com](http://www.miamiparking.com)

