



American Heart Association.  
**Heart Walk.**

# Birmingham Heart Walk

## March 11, 2023

### Survivor & Full Route Map



**Day of Event Contact:**  
**Beth Box 205-516-6756**

#### → **Survivor Route**

The Start Line is in between the Plaza & Amphitheater, which is the Magic City Loop.  
You will continue around the lake and back in between the pavilion to finish.

#### → **5k Route**

The Start Line is between the Plaza & Amphitheater, which is called the Magic City Loop.

(We will be avoiding the stairs on Magic City Loop)

The route will intersect Powell Avenue Promenade, leading back to Magic City Loop and the sidewalk along 14th Street South.

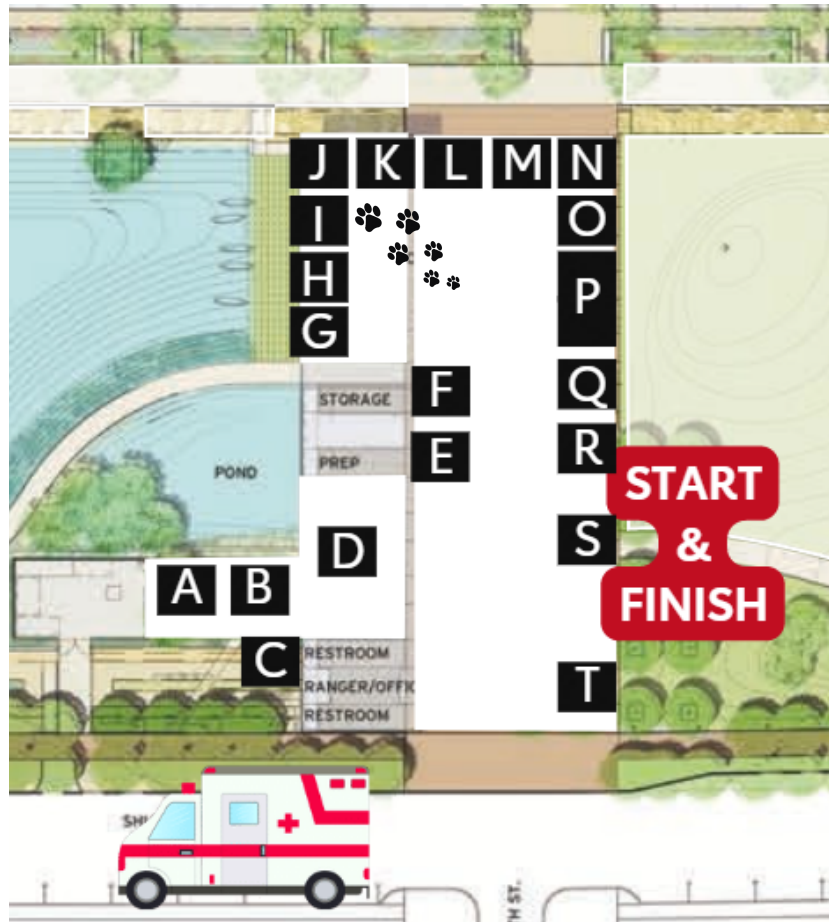
Turn left onto 1st Avenue South and follow it towards the Rotary Trail.

Go underneath the Magic City sign onto the Rotary Trail; when reaching the end, turn around and return to 1st Avenue South to head back towards Railroad Park and the Finish Line!



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## Sponsor Map



- A. Staff/Volunteer Tent/First Aid
- B. Donation Tent
- C. Restrooms
- D. VIP/Top Walker Area
- E. Tribute Tree
- F. VIVA Health - National Walk Day Hub
- G. Encompass Health - Blood Pressure/FAST
- H. UAB Medicine - Hydration Station
- I. Alabama Power/Southern Company
  - Healthy Food
- J. Grandview Medical Center Tent
- 🐾 Follow the paw prints to The Canine Cafe
  - The Palmer Parkside | Daniel
- K. CMC Steel
- L. Motion - Survivor Area
- M. Medical Properties Trust - Hands-Only CPR
- N. GoRescue
- O. RxBenefits
- P. Company Photo Stations
- Q. Media Tent
- R. Stage/DJ
- S. Start Line
- T. Blue Cross and Blue Shield of Alabama
  - Kids Zone

Enter the event area through the main entrance off First Avenue South. Upon entering the Staff/Volunteer tent, Donation Tent, Restrooms and VIP/Top Walker Area will be on your left. If you continue straight from the entrance, you will have the Tribute Tree, Viva Health - National Walk Day Hub, Encompass Health - Blood Pressure/FAST Tent, UAB Medicine - Hydration Station Tent, Alabama Power/Southern Company - Healthy Food Tent, Grandview Tent and The Canine Cafe sponsored by The Palmer Parkside | Daniel and CMC Steel Tent to your left. Keep going around and you'll have Motion - Survivor Tent, Medical Properties Trust - Hands-Only CPR, and GoRescue. On the right side of the event area if you keep going around you'll have RxBenefits, Company Photo Stations, Media Tent, Stage with DJ, Start Arch, and then Blue Cross & Blue Shield of Alabama - Kids Zone back by the entrance where you started.



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Alabama Power Company | GoRescue | Grandview Medical Center  
The Palmer Parkside | Daniel

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