



Directions

1: Enter parking on the West side entrance of the MCH Center for Health & Wellness building coming from TX-191 Frontage Rd.

2: Proceed from the parking lot to the lawn just directly south of parking. There you will find the registration table. (If you have already registered online you will not need to register again.)

3: The Heart Walk will begin at 9:00 pm at the arch on the east side of the building. It will be one lap around the entire building, and will finish where we started.

Route Map Guide

1: Parking

2: Registration

3: Warm-up area

4: Walk Start/Finish