



American Heart Association®

# Heart and Stroke Walk™

## 2022 GREATER GUILFORD HEART & STROKE WALK

Saturday, May 21, 2022  
UNCG – Kaplan Commons



Men's and Women's Jerseys available!

## What do you say, Coach?

All Coaches who are registered by **February 25, 2022** will receive an official **2022 Heart Walk Coach Jersey**.

### SIGN UP TODAY

Visit [www.guilfordheartwalk.org](http://www.guilfordheartwalk.org) and click "Start a Team"

Coaches are the heart of the Heart Walk! In just a few minutes a week, you could make a huge difference.

## What will I do as a coach?



Be a literal lifesaver by raising funds for the AHA



Recruit and lead your team



Spend a few minutes a week

**Get ready for some fun in 2022.** Save the date and join your fellow Coaches from around the nation for our National Coach Kickoff and Hero Gear Fashion Show on January 26th at 1pm CT.

Get excited for the **NEW Exclusive Coach Rewards Center**. As a Heart Walk coach, you can earn coach gear when your team achieves fundraising milestones. It is our way of saying thank you for your inspiring leadership that is making a big impact on the health of our community.

### COACH REWARD # 1

*Earned when team raises \$1,000*  
Premium Mesh-back Cap



### COACH REWARD # 2

*Earned when team raises \$2,500*  
Premium Long Sleeve Tee



### COACH REWARD # 3

*Earned when team raises \$5,000*  
Premium Anorak Jacket

