## FAQ's

## Registration

- Will the Heart Mini be in person this year?
- We're moving forward with plans to host the Heart Mini-Marathon \& Walk in person! The health and safety of our survivors, participants, staff, and volunteers will be our top priorities as we make decisions about day of event details.
- If you are not comfortable or unable to participate in person, but still want to sign up, you can run or walk wherever you are! We'll have a link where you can enter your race results, and we will mail your shirt, medal, and bib! Anyone who registers on or before February $20^{\text {th }}$ will have their items mailed prior to event weekend. Anyone who registers on or after February $21^{\text {st }}$ will be able to pick up on event day or will receive their items post-Heart Mini weekend.
- Can I register on event weekend?
- Yes, we will have event day registration beginning at 6:00 am. Please check back for the exact location. Registering event weekend does not guarantee that you will receive a shirt.
- Can I switch events after I have already registered?
- You can switch events by emailing heartmini@heart.org. If you are switching between any of the races (1/2 marathon, 15 K or 5 K race), you'll need to pick up a new bib at registration on Sunday, March 19 ${ }^{\text {th. }}$ Anyone switching to the walk will not need a new bib.
- Can I get a refund after I have registered?
- No, all entries to the Heart Mini are non-refundable. After we have received and accepted your entry, we cannot issue a refund or defer your registration to the next year.
- Are there age limits for events?
- Yes - please see below:
- $1 / 2$ Marathon \& 15 K - ages 15 and up
- 5 K Race - ages 8 and up
- 1.5 K Kids Race - ages 5-12
- 5 K Kids Walk - ages 12 and under
$\checkmark$ When does online registration close?
- Friday, March $17^{\text {th }}$ at $5 p m$.
- How will survivors be recognized?
- Those who choose to be recognized as a survivor by indicating so during registration, will be highlighted on event day! Our heart and stroke survivors will wear special red race bibs, start their run or walk through the survivor chute and be guests at the VIP Breakfast.

Awards

- Are there awards?
- Yes! Your tax-deductible registration fee includes the Heart Mini 46 t -shirt and medals for all races. Medals for the 5 K Heart Walk will only be available to Heart Throbs, those who raise $\$ 1,000$.
- Additional awards will be distributed for each of the chip timed events. Top overall awards will be based on gun time and will be presented to the top 3 overall males and females in each of the chip timed races. Age group awards will be based on chip (net) time and will be distributed to the top $5 \%$ finishers (male and female based on the previous year) in the Half Marathon, 15 K and 5 K race in each of following the age divisions- $15-18,19-24,25-29,30-34,35-39,40-44$, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+.
- There will be awards for age division 8-14 for the $5 k$ race only.
- Results for all chip timed events (Half Marathon, $15 \mathrm{~K}, 5 \mathrm{~K}$ and 1.5 K ) will be available after the race in the Celebration Zone at Results, presented by Tri-State Running, on Broadway between 5th \& 6th St. Please visit to pick up your individually printed personal results. Results will also be available online at www.heartmini.org.


## Packet Pick-up \& Late Registration

- When and where can I pick up my packet?
- If you are with a company team and registered prior to or on February $20^{\text {th }}$, your shirt, medal \& bib will be mailed to the address you entered at registration.
- Those registered on or after February $21^{\text {ST }}$ will be able to pick up their shirts \& bibs on either Saturday, March $18^{\text {th }}$ at Messer Construction or Sunday, March 19 ${ }^{\text {th }}$ prior to the start of their event. Please check back for an updated location.
- Can someone else pick up my packet?
- Yes- for someone else to pick up the packet, the alternate person must present one of the following:
- Your confirmation email;
- A signed note from you stating that you are allowing them to pick up your packet.


## Course Information

- Are course maps available?
- Course maps will be available starting in January.
- Do the courses have time limits?
- For the $1 / 2$ marathon you must be able to maintain a $13 \mathrm{~min} /$ mile pace. If you reach the 9 mile mark after 9:30 am, you will finish on the 15 K course. For the 15 K course, there is no time limit. You are allowed to walk the 15 k .
- Are pacers available to help me achieve a goal finishing time?
- Yes, pacers will be available for both the $1 / 2$ and the 15 K to help you reach your goal time or train for your next race!
- How are the courses timed?
- The $1 / 2,15 \mathrm{~K}, 5 \mathrm{~K}$ race and 1.5 K Kids Run are chip timed. The chip will be attached to the back of your race bib/number.
- Are the courses USATF certified?
- Yes, all courses are USATF certified.
- How many water stops are on the course?
- For the $1 / 2$ marathon, there will be 4 water stops. For the 15 K , there will be 3 water stops. For the 5 K race and walk, there will be 2 water stops.
- Are headphones allowed?
- Yes, but please use headphones at your own risk making sure that you remain aware of directions from traffic control personnel as well as the safety of yourself and other runners.
- Am I allowed to push a stroller?
- Strollers and baby joggers are permitted on the course, but please, for the safety of all participants, LINE UP AT THE BACK OF THE STARTING AREA and be aware of your safety, the safety of your rider and other race participants, and the course time limits.
- Can I participate if I'm in a wheelchair?
- If participating in the Half-Marathon or 15K race you will need to maintain at least an 18-min mile. We also ask that you start towards the back of the crowd to ensure your safety and the safety of the those around you. Safety is our \#1 priority on event day. There is no discount, or wheelchair race division, but all are welcome and encouraged to join us! If you have a true "street racing wheelchair" please contact heartmini@heart.org so that we can coordinate your start time.
- Can I bring my dog?
- No, sorry! We love animals, but they are not allowed on the courses unless they are assisting visually or otherwise physically impaired participants.
- How do I follow along with my friend who is running the Half Marathon or 15K?
- We are excited to launch the Tracx App! Search 'Tracx- the event app' in your App Store or Play Store. Once downloaded, search 'Heart" and select Heart Mini. Click Join event. This will allow you to view all registered Half Marathon \& 15 K participants on March $19^{\text {th }}$. Watch them from the comfort of your own home or check the app to see what time you should be on the next corner to cheer them on!
- Is there an inclement weather policy?
- Your safety is our priority. In the event of severe weather- including lightning, high winds, or extreme heat or cold- the Race Director has the discretion to delay the start time or cancel the race prior to or during the race.


## Fundraising Information

- When is the last day to turn in my donations?
- To receive credit to the online store, donations must be turned in by April 26th to allow for entry. Otherwise, we will continue to accept donations through June 30th. Any received after June 30th, will be credited towards next year's event.
- The Heart Hero Rewards Center can only be accessed by logging into your participant center. Once you hit a threshold, your points total should update within a few hours.

