



American Heart Association®

Heart Walk®

# Don't Think You Can Raise \$1,000? It's Easier Than You Think.

Show your commitment and make a personal donation	\$50
Ask two family members to match your donation	\$100
Ask two local businesses you support to donate \$50	\$100
Ask someone who has been affected by heart disease or stroke for a donation	\$100
Download the Heart Walk app and text your closest friends to ask for a donation	\$100
Send Emails to family and friends	\$200
Go social! Connect your fundraiser to Facebook! Don't forget to ask your professional network through LinkedIn!	\$300
Ask someone who has asked you for support	\$50
<b>TOTAL</b>	<b>\$1,000</b>

Visit the Resources and Reporting Hub available in the Heart Walk HQ for more tips and fundraising ideas!

