



American Heart Association.
Heart Walk®



2021 Tampa Bay Heart Walk

Saturday, November 20 | Raymond James Stadium

Participating in the Heart Walk is about coming together, getting hearts pumping, honoring survivors, raising lifesaving funds – and having fun along the way. This year's event invites you to Heart Walk Here with us in person OR wherever you feel inspired. Walk our path or yours!



START OR JOIN A TEAM - Register at TampaBayHeartWalk.org for instant access to fundraising tools and rewards. Lead by example and kick off your efforts with a personal gift and then invite others to join you in making a difference.



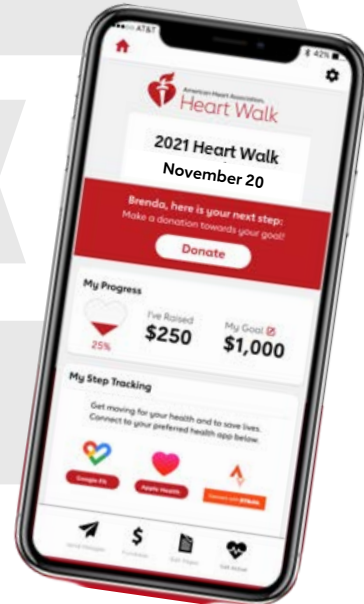
RAISE FUNDS & RECRUIT OTHERS - Start fundraising fast on Facebook. Log into your Heart Walk HQ to connect your fundraiser and follow the steps to invite your friends to join your team, share updates and collect donations.



LET US CELEBRATE YOU! - The more funds you raise, the more points you earn to redeem for Heart Walk Hero Gear and show your support of the American Heart Association all year long!



GET THE APP - Download the Heart Walk App and have your tools at your fingertips. Join the Move More activity challenge and you can start tracking your steps 30 days before the Heart Walk!



Thank You Sponsors!

LIVE FIERCE BE WELL



LIFE IS WHY



SIGNATURE



LOCAL



RAYMOND JAMES



Questions? Reach your AHA Staff Partner at TampaBay@Heart.org

WALK WITH US!

Everyone in our community can go heart-walking and celebrate on Walk Day. Heart Walk Here at **Raymond James Stadium** at 9:00 a.m. OR **create your own route** in your neighborhood.

START STRONG

The **Start Line** in front of Raymond James Stadium kicks off the energy of the walk with a ribbon cutting, music and more! If you are creating your own route, be sure to **chalk your walk** and create your own creative start line!

Presented by **News Channel 8**
on your side



GET SOCIAL!

No matter where you're walking, join the fun on social media! Share your photos and videos using the hashtag **#TBHeartWalk**



CALLING ALL SURVIVORS

Our heart and stroke survivors are the heart of Heart Walk. All survivors and caregivers are encouraged to visit the **Survivor Tent** to pick up a Survivor ballcap or Survivor capes to show off your heart hero status! Then, end the walk by crossing the finish line through **Survivor Lane**!

Superhero Capes
Presented by



Survivor Lane
Presented by



FLEX YOUR TOP WALKER STATUS

When you raise \$1,000 or more you join the ranks of Top Walker. You get VIP event parking and are invited to stop by the **Top Walker Tent** for some treats! If you're walking with us from afar, be sure to use your Top Walker Facebook frame - you deserve to brag a little!

IS YOUR POOCH THE NEXT TOP DOG?

Post a photo of your pup using **#TGHTopDog**. Our friends at Tampa General Hospital will pick the official TGH Top Dog to be announced post-event!

Presented by
TGH Tampa General Hospital

FINISH

No matter where your **finish line** is, be sure to end strong with a celebratory cross over the finish line. Don't forget to stretch and cool down!

Presented by
RAYS

