



American Heart Association®  
**Heart Walk®**

**FOOD PANTRIES OPEN  
NOVEMBER 8, 2021**

**STEP  
UP!**

To volunteer for a  
pop-up pantry, email  
[\*\*emily.ray@heart.org\*\*](mailto:emily.ray@heart.org)

- Distribute fresh food throughout the community
- Volunteer teams of 10 people



Join us for the Kentuckiana Heart Walk on Saturday, September 18th  
[\*\*heart.org/KentuckianaHeartWalk\*\*](https://heart.org/KentuckianaHeartWalk)

Live Fierce Kentuckiana sponsored locally by



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