



Saturday, September 28th • 7:30 a.m. Activities • 8:30 a.m. Walk

www.GulfCoastHeartWalk.org

Gulf Coast Heart Walk • Jones Park, Gulfport

New Walk Time!

We will start walking 30 minutes earlier than previous years...at 8:30am

Where do you park?

Parking is free for all attendees in the Coast Transit Authority parking garage directly across Hwy 90 from Jones Park. There are also parking spaces available just inside the west entrance drive to the park off Hwy 90.

Where is the Start Line/Finish Line location?

The Start Line is located adjacent to the stage and tent area inside Jones Park. Walkers will be directed there immediately following the warm up. The official end of the 5k route is located on the north side of Hwy 90. Gulfport Police will be there to escort attendees back into the park.

How long is the walk?

The Heart Walk is a 3.1-mile route that starts at Jones Park and ends just north of Hwy 90 from the park. We also have a 1-mile survivor route.

Can I bring my dog?

Yes, but only if up-to-date on vaccinations, and please clean up after your pet. Bring only dogs that are comfortable and friendly in large crowds and fit enough for a 3.1-mile walk.