



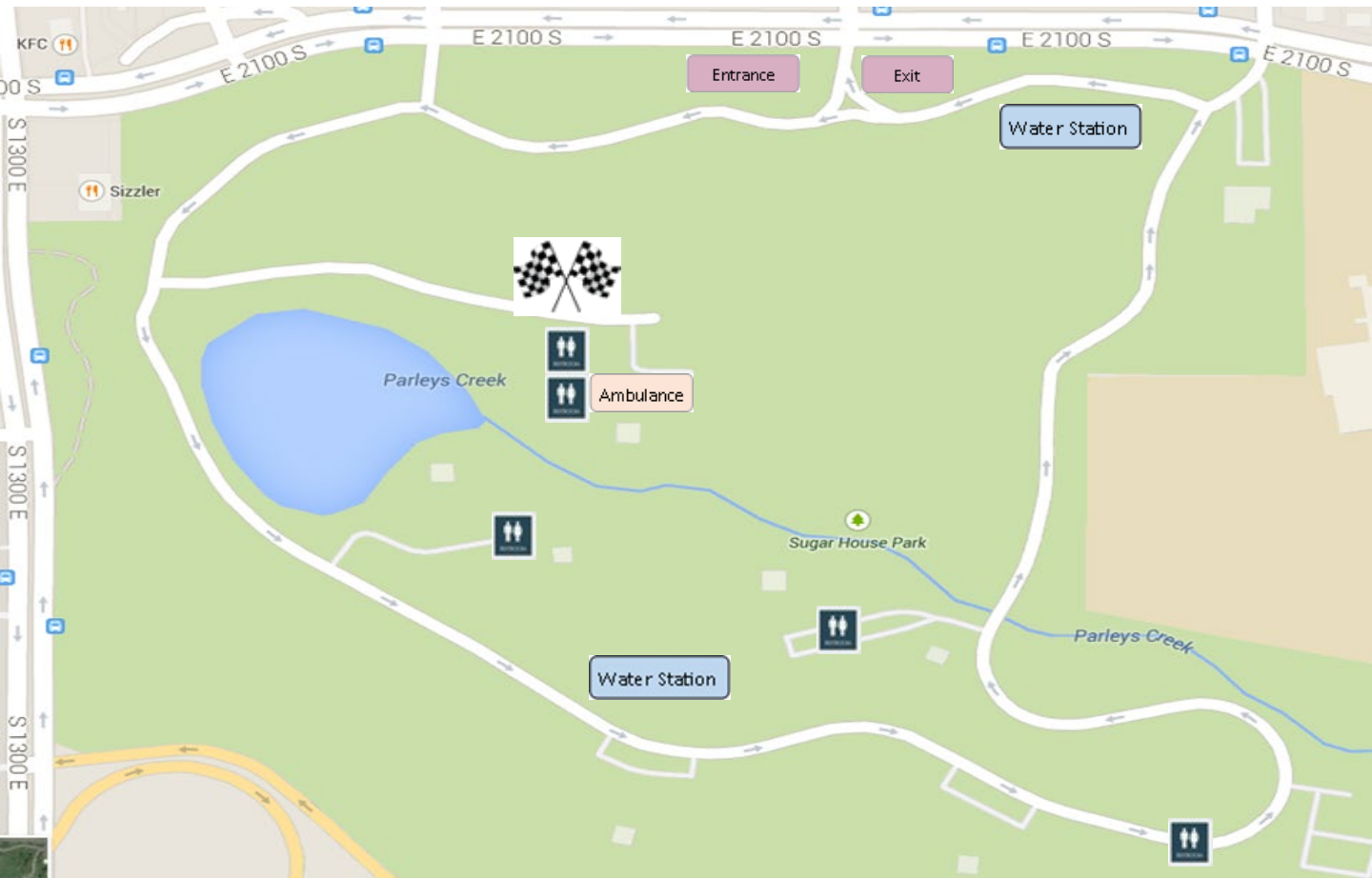
American Heart Association®

Heart and Stroke Walk™

UTAH Heart and Stroke Walk

September 23rd 2023

Sugar House Park - Route Map



Route Directions

- The Utah Heart and Stroke Walk will kick off at Sugar House Park, 1330 2100 S, Salt Lake City, UT 84106
- We will be gathering on the North side of the park to the left of the park entrance, where we will be having a warm-up at 8:30 am before the walk starts
- The walk begins at 9:30 am. The start/finish line will be at the entrance to the expo area. We will start straight and turn left, heading north.
- We will be following the path around the entire park, counterclockwise, to complete the full 5k. For the 1-mile miracle mile, participants will walk to the end of the start/finish line path and come back to the expo area to celebrate!
- The walk will conclude back at the start/finish line for both lengths

Please contact us with any questions:

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