



#ChampaignHW

VIRTUAL Champaign Heart Walk – October 10, 2020

Ideas to Jazz Up Your Walk

We are hearing so many innovative ways Heart Walkers are planning to celebrate virtually! Here are some ways YOU can #ChampaignHW



Show Your TEAM SPIRIT and Post a Picture with #ChampaignHW of you in your team T-Shirt or holding a sign with your team name. Tell us who you walk for. Show us your furry teammates!



Share HEART ART with Sidewalk Chalk. Draw your Start and Finish Lines or share messages of gratitude along the route.



Do a SCAVENGER HUNT and share your photos. Find something for every letter of the alphabet. Look for items in nature or "heart" shapes.



MAP Your Route and Distance
Find apps online and share where you are walking and how far you go.



Watch for more information coming soon on day of event and how you can Virtually join us that morning.....