



American Heart Association®

Heart and Stroke Walk™

2021 Utah Heart and Stroke Walk – Event Day Information

- Date: Saturday, September 18, 2021
- Location: Sugar House Park – 1330 East 2100 South, Salt Lake City, UT 84106
- Time: VIP Check-in 7:30am | Miracle Mile 8:15am | Rolling Start Times Begin 8:20am
 - This year, to ensure the safety of our walkers we will have a rolling start line. Start times range from 8:15am – 8:40am (rolling start time by company grid below). Please feel free to walk when you can between those times.
 - Please plan to arrive at the park 15 mins before your start time. We will have your company/teams hold in the big field pavilion until their start time. At your slotted start time, you may come over to the start line where our staff will send you off to walk.
 - See rolling start times below:
 - 8:15 – Miracle Mile
 - 8:20 – OptumCare, University of Utah Health
 - 8:25 – Delta Airlines, Stryker, St. Mark's Hospital
 - 8:30 – Associated Food Stores, Edwards Lifesciences, Intermountain Healthcare
 - 8:35 – Premier Family Medical
 - 8:40 – Family and Community Teams
 - For those not associated with any of the above, please come and walk between 8:20 – 8:40am
 - Be ready to walk 5 minutes before your start time
 - Visit heartwalkutah.org for more event details
- Updated COVID-19 protocol: The health and safety of our volunteers, participants and community is our top priority. We are utilizing rolling starts, providing sanitation stations and encouraging mask wearing regardless of vaccination status. Please see the updated FAQ on our website for more information.
- Parking:
 - VIP Parking – Parley's Creek Pavilion in Sugar House Park
 - General Parking – Highland High School – 2166 S 1700 E, Salt Lake City, UT 84106
 - Park gates will close at 7:30 am & re-open at 11:30 am
- What to Expect: Make sure to check out our Sponsor tables along the walk route!
 - VIP Tent – Our VIP tent is for our Board of Directors, ELT members, Sponsors, and walkers who fundraised \$1,000 or more.
 - Survivor Tent – We recognize our heart survivors with a red hat, our stroke survivors with a white hat, and our child survivors with a hero cape!