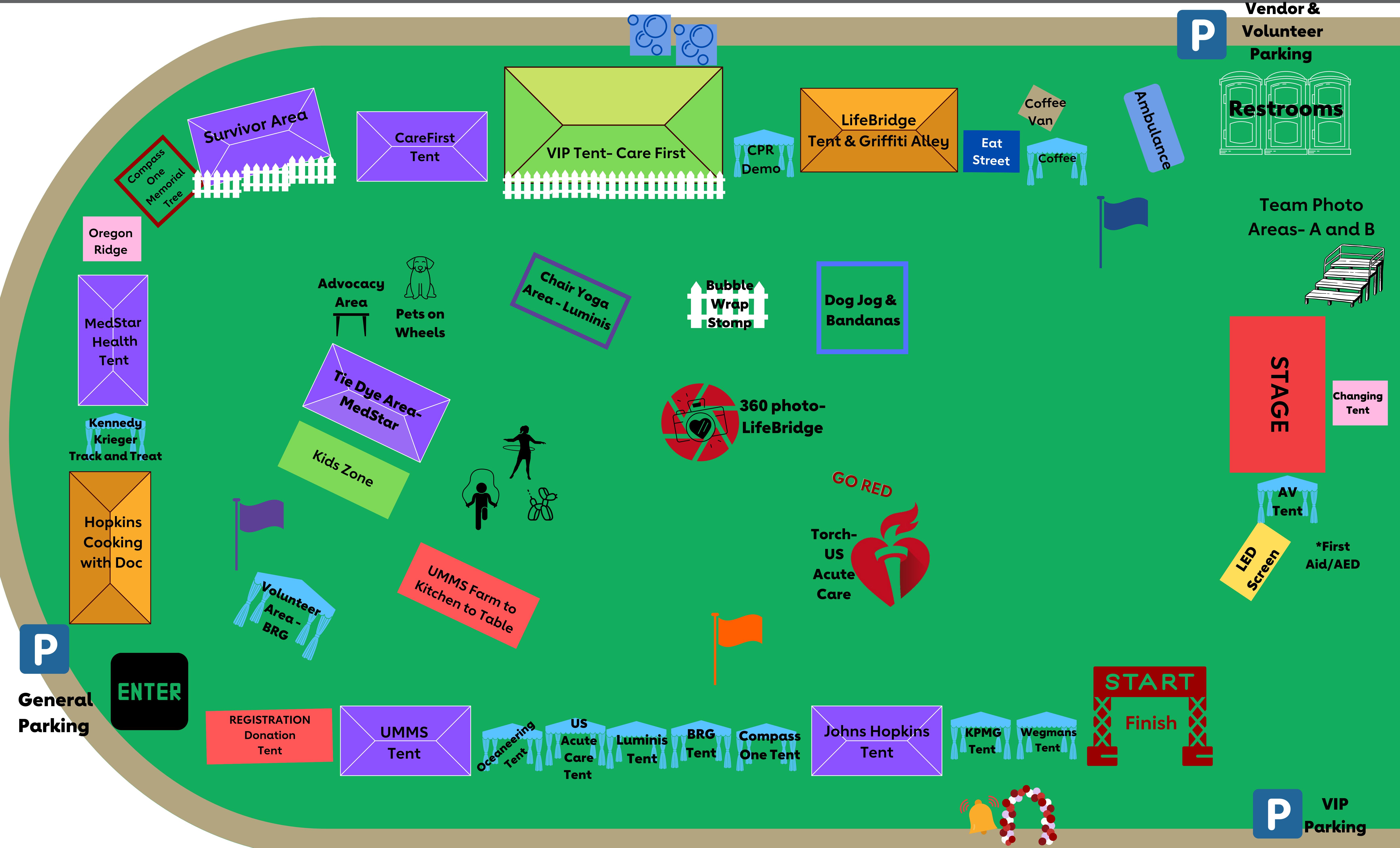


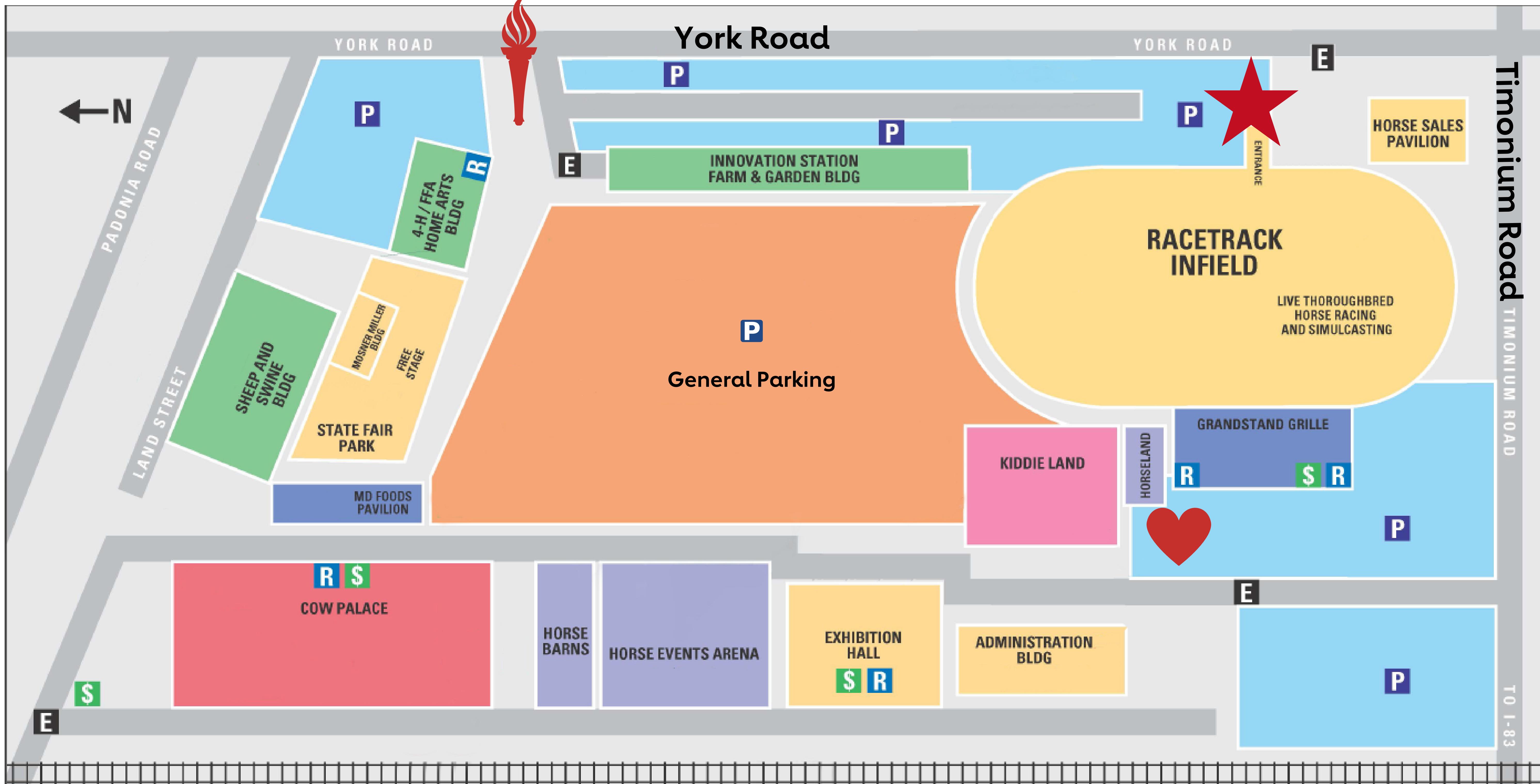
2023 Greater Maryland Heart Walk Map

York Rd





Parking Information



General Parking will enter by the red torch. Vendors arriving after 7:30AM will also enter by the torch



VIP Parking will enter by the red heart



Vendors. Those arriving before 7:30AM will be able to park on the grass infield.

More details on parking are given on the next page.



2023 Greater Maryland Heart Walk



Saturday, October 21st
8AM-12PM

Maryland State Fairgrounds
2200 York Road Timonium, MD 21093

Village and Activities open at 8 AM. Walk starts at 10 AM.
Rain or shine. Stroller friendly!

**There is a 1 mile route option. You are welcome to loop
more than once for a longer walk.**

Dogs on leashes are always welcome.

Survivors - caps or capes are available in the Survivor Tent.

**VIP and Top Walkers - A top walker is an individual who
raises \$1,000 or more. Top Walkers will have VIP parking
and an invitation to join the VIP tent with breakfast,
special treatment and more during Heart Walk.**

Heart Walk Village Description

- Enter the grass infield from general parking on the lower side of the parking lot, furthest from York Road.**
- Restrooms will be adjacent to the stage, to the left.**
- To the left of the stage are the team photo bleachers.**
- The Start/ Finish line is to the right of the stage.**

Parking Information

- General Parking:**
 - Those coming from the north on York Road will enter the Maryland State Fairgrounds from York Road and proceed to the general parking area. Those coming from the south of York Road will enter at the second entrance, marked with a torch, and continue proceeding to general parking area.**
- VIP Parking:**
 - If you are a Top Walker or VIP, please enter from Timonium Road and park in the VIP Parking Area adjacent to the grandstand. Please be sure to have your VIP car tag showing.**
- Vendor Parking:**
 - Vendors will enter from York Road, across from the Shell Station, where the red star is shown on the map. You may park in the parking lot. But if you plan to be at the event before 7:30AM and staying until 12PM or later, you may park on the grass infield of the race track. The race track will close to cars entering the infield at 7:30AM due to the walk starting. You will not be able to leave this grass area until after 12PM when all of the walkers are finished.**



Activities and Route Entertainment

Tie-Dye Station
Kid Zone (Balloon Artist, Face Painters, Hula Hoop, Jump Rope, Yard Games, Animal Area)
Track and Treating
Memorial Tree and Survivor Area
VIP Tent
Cooking Demonstration
Herb Planting
CPR Demo
Dog Jog - Bring your furry friends!
Chair Yoga
Zumba
Mascots from Local Teams and Schools
Route Activities (Obstacle Course, Cheerleaders, Bubbles)
Photo Op Locations/ 360 Photo Booth
Lots of Give Aways

Company Photo Times

Time	Photo Area A	Photo Area B
8:10	RedFin	Ascension St. Agnes
8:15	Kennedy Krieger	KPMG
8:25	Stanley Black and Decker	Wegmans
8:35	Oceaneering International	US Acute Care Solutions
8:45	Long & Foster	PWC
8:55	MedStar Heath	Mariner Finance
9:05	CareFirst BlueCross BlueShield	WT
9:15	University of Maryland Medical System	FutureCare
9:25	LifeBridge Health	BRG
9:35	Johns Hopkins Medicine	Compass One/ Crothall Healthcare

To help the larger teams assemble, we've scheduled a time for each Heart Walk Team to meet for a Team Photo! We encourage all teams to take advantage of the photo areas, located to the left of the stage. Get a picture of your Heart Walk Team being a relentless force for a world of longer, healthier lives at the 2023 Greater Maryland Heart Walk!

Description of the Village

- Enter the Infield from general parking on the lower right hand side of the field, furthest from York Road.
- Upon entering turn to your right, heading south. Festival tents will be set up around the perimeter of the field in the following order from the right: 1- Registration. 2- University of Maryland Medical System 3- Team Tents (Oceaneering, US Acute Care, Luminus Health, BRG, Compass One) 4- Johns Hopkins Tent 5- Team Tents (KPMG, Wegmans) 6- the Start and Finish Line, 7 - Large LED screen and AV tent, 8 - Stage, 9 - Team Photo Area 10 - Restrooms , 11 - Ambulance, 12 - Coffee and Food, 13 - LifeBridge Tent and Graffiti Alley 14 - CPR Demo, 15 - VIP Tent, 16 - CareFirst Tent, 17 - Survivor Area and Memorial Tree, 18 - Oregon Ridge, 19 - MedStar Tent, 20 - Kennedy Krieger Tent, 21 - Cooking with Doc Tent. This brings you back to the entrance.
- There is a smaller circle of areas in the middle - of the field. Starting from the left as you pass the Volunteer Tent is 1- Kid Zone, 2- Tie Dye, 3- Advocacy Table, 4 - Pets on Wheels, 5 - Chair Yoga, 6 - Bubble Wrap Stomp, 7 Dog Jog, 8 - Photo Area, 9 - Farm to Kitchen to Table Tent, and kids' activities throughout.
- Restrooms will be on the left side of the stage.
- Behind the stage is the changing tent.
- To the left of the stage is the team photo bleachers.
- The Start and Finish line are to the right of the stage. The course is a one mile loop around the race track, but you may take as many loops as you would like.
- Volunteers will be on hand to assist guests. Questions- call Colleen Kilchenstein at 410-419-1179 .



American Heart Association® Heart Walk®

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