



American Heart Association®

# Alaska Heart Run & Walk™



## 2024 ALASKA HEART RUN & WALK ROUTE MAP



**U-TURN**

**U-TURN**

**TURN RIGHT FOR 5K,  
LEFT FOR 3K**

**ALASKA  
AIRLINES CENTER**

**FINISH**

**START**

**EAST ON HEALTH  
DR**

**RIGHT ON  
ELMORE**

**U-TURN**



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## 2024 Alaska Heart Run & Walk Route & Run/Walk Directions

There are two route to choose from- a 5K or 3K options. Both Start and Finish are in the same location. To stay on the 3K route, once you arrive at Providence Dr, turn left, not right. To opt for the 5K course, take a right at Providence.

There is a water station in the festival area and located at the intersection of Elmore and Providence.

There are portalets located at the second parking bay

For additional questions or concerns about the Alaska Heart Run and Walk please call Director Mike Lajoie 360-710-7177

Dogs are welcome on the course but must remain leashed. Wheelchairs and strollers are absolutely welcome.

For emergencies, please dial 9-1-1

### Parking:

Parking is on a first come, first served basis. The main parking area for participants is located at Alaska Airlines main campus, just a couple bays over from the Heart Run & Walk Expo space. There are 500 spaces available there, with additional parking located in the Providence PS2 and PS3 lots located at the corner of Wellness and Health Drive. There are many accessible parking spaces in the main lot, as well as in the Reserved Lot directly in front of the Alaska Airlines center.

### 5K Route:

The Run and Walk will begin at our Heart Run and Walk inflatable start-line arch in the vicinity of Health Drive heading east.

Run/Walk east towards Elmore

Turn right (south) onto Elmore

Turn right on University Drive

Head West on Providence. There will be a water station here.

Turn right onto Alumni Loop

Run north towards UAA Fine Arts Building

Turn around in the Fine Arts Building Parking Lot

Run/Walk south on Alumni Loop

Turn left onto Providence

Turn right onto Elmore

Turn right on Health Drive

Finish in Alaska Airlines Center Parking Lot "Festival Area". The finish line is under the inflatable finish arch.

### 3K Route:

The Run & Walk will begin at our Heart Run & Walk inflatable start-line arch in the vicinity of Health Drive heading east

Run/Walk east towards Elmore

Turn right (south) onto Elmore

Turn around and head back up Elmore until you reach Providence Dr.

At Providence Dr., turn left and continue down. There will be a water station here

At Alumni Dr, turn right and run toward UAA Fine Arts Building

End at the inflatable Finish Arch in the Alaska Airlines Center Parking Lot "Festival Area"

Questions, please contact us: [aha.alaska@heart.org](mailto:aha.alaska@heart.org) or (907) 865-5312