



American Heart Association®
Heart Walk®

2024 CENTRAL OHIO

HEART WALK

PARTICIPANT GUIDE

SATURDAY
AUGUST 17

Community Festival:

8:00 AM

Opening Ceremony:

9:10 AM

MCFERSON
COMMONS
PARK

218 West Street
Columbus, Ohio



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2024 CENTRAL OHIO HEART WALK FESTIVAL MAP



HEART WALK FESTIVAL MAP

- 1. VIP & Top Walker Experience
- 2. Tribute Tree with Cardinal Health
- 3. Survivor Tent with NBC4
- 4. Heart Attack & Stroke Symptoms with OhioHealth
- 5. Healthy Selfie with ScottsMiracle-Gro
- 6. Hard Hats with Heart with Columbia Gas of Ohio
- 7. Doggie Den with Greif
- 8. Kids Zone with Meijer
- 9. T-Shirt Contest with American Heart Association
- 10. Give Gratitude with avaap
- 11. Big Thank You with Nationwide Children's Hospital
- 12. Amgen
- 13. Healthy Snacks with Hexion
- 14. Stomp Out Stress with Mount Carmel Health System
- 15. OrangeTheory Fitness
- 16. Blood Pressure Screenings
- 17. Community Teams with 92.3 WCOL
- 18. Hands-Only CPR and AED Demonstration with The Ohio State University Wexner Medical Center

**I WALK
TO SAVE LIVES.**



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ROUTE MAP



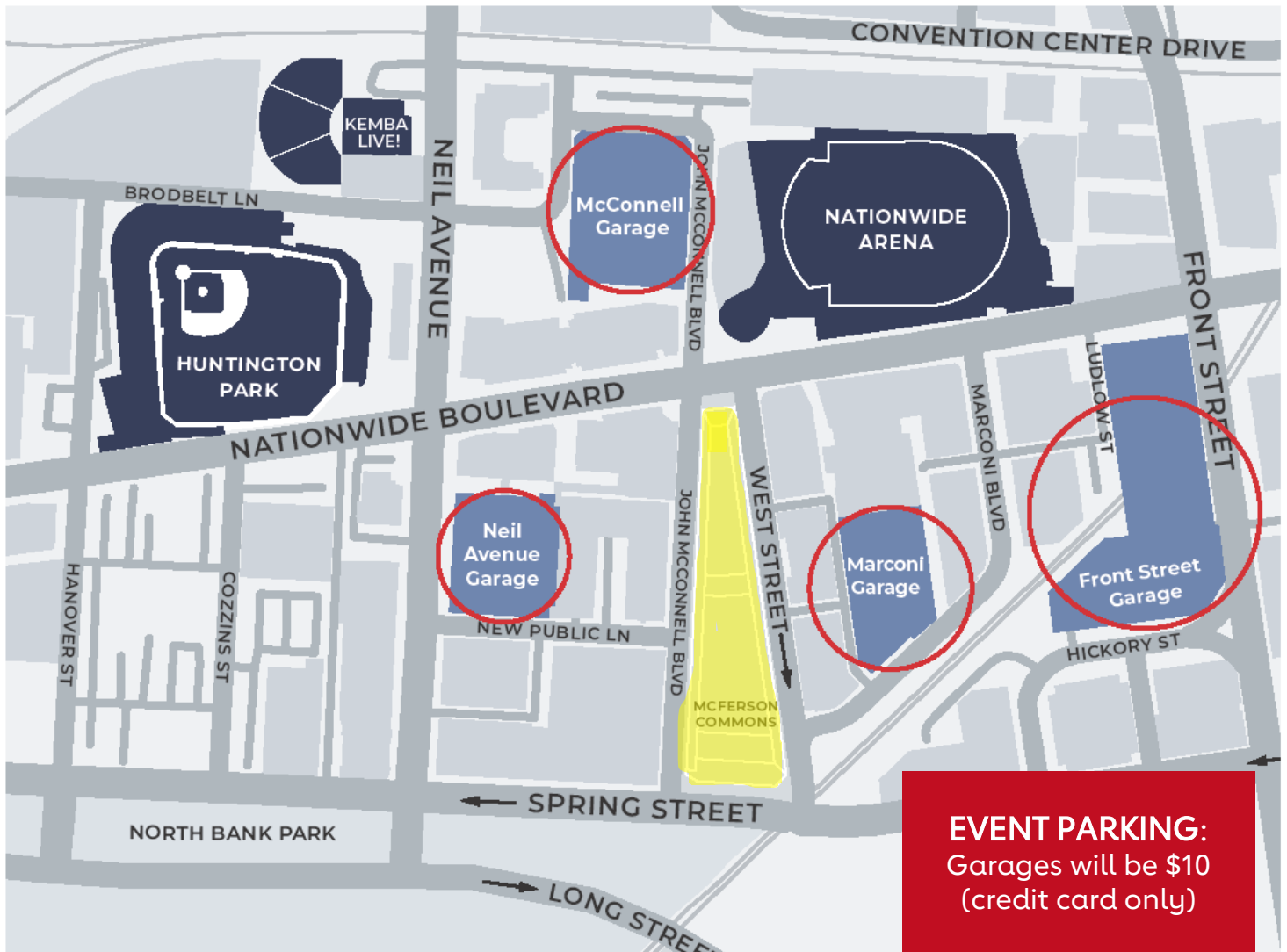


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PARKING OPTIONS





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COMPANY PHOTO SCHEDULE

Location 1: Main Stage

Left side of stage (left side looking at the stage)

8:20 am – ScottsMiracle-Gro

8:25 am – OhioHealth

8:30 am – Greif

8:35 am – Mount Carmel Health System

8:40 am – Cardinal Health

8:45 am – ODW Logistics

8:50 am – Team Ohio State

9:00 am – Hexion Inc.

Location 2: Steps Near Arch at North End of Park

8:20 am – Amgen, Columbia Gas/NiSource, Huntington Bank,
Loeb Electric

8:30 am – avaap, KPMG, Messer Construction, Quantum Health

8:40 am – AEP Ohio, Accenture, Battelle, Google

8:50 am – CTL Engineering, Community Teams, M/I Homes, Moody
Nolan

9:00 am – CVS, EY, Johnson & Johnson, Nationwide Children's
Hospital



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FREQUENTLY ASKED QUESTIONS

WHAT TO EXPECT:

Make sure to check out the festival area before you walk!

- **Tribute Tree.** A symbol of the Heart Walk. Make sure to stop by, grab a sharpie and add a heart to the tribute tree to let us know who you are honoring with your walk!
- **VIP Tent.** Our VIP tent is for walkers who fundraised at \$1,000 and above. Come celebrate your efforts! Collect your Top Walker medal, have a complimentary breakfast, take your picture with our special backdrop and find your name on our Top Walker banners.
- **Survivor Tent.** We recognize our heart survivors with a red hat, our stroke survivors with a white hat and our child survivors with a red hero cape! We will also have tribute stickers so your loved ones can tell everyone why they walk.
- **Kids Zone.** There will be face painters for kids before the walk begins.

FAQ:

- **Do I have to check in upon arrival?** Nope! The festival and Walk is open to the public.
- **Do we provide t-shirts?** If you register for the walk and fundraise at least \$100, you can redeem a t-shirt through your fundraising page on the Heart Walk website.
- **Are dogs allowed?** Absolutely, we even have a doggie den where your furry friend can grab a treat and drink of water.
- **Are children permitted to attend and walk?** Yes! This is a family friendly event; strollers are also allowed.
- **Will the event still happen if it's raining?** Yes, we will walk rain or shine!
- **Can I bring my drone?** We ask that you do not bring a personal drone.



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I WALK TO SAVE LIVES. SO CAN YOU.

Live Fierce Central Ohio sponsor



**THE OHIO STATE
UNIVERSITY**

WEXNER MEDICAL CENTER

Local Life is Why sponsor



CardinalHealth

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Heart Hero sponsors



Local sponsors

Avaap | Amgen | Columbia Gas of Ohio
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