

## **2024 GREATER DAYTON HEART WALK**

Saturday, September 28th Day Air Ballpark Heart.org/DaytonWalk



Get moving together with our new activity tracker and challenges



#### **CELEBRATE**

Join us on Walk Day to recognize all we have accomplished together



#### **TEAM CAMARADERIE**

Nothing unites a team like doing good together



#### **SAVE LIVES**

Help the 40% of COVID hospitalizations that are heart or stroke patients

LOCALLY SPONSORED BY





















## Schedule of Events

8:30 am Registration Opens / Vendor Fair

9:15 am T-Shirt Strut

9:45 am Program begins

Emcee: Adam Aaro from ABC/FOX

National Anthem

Heart Hero: Gabi Schopperth

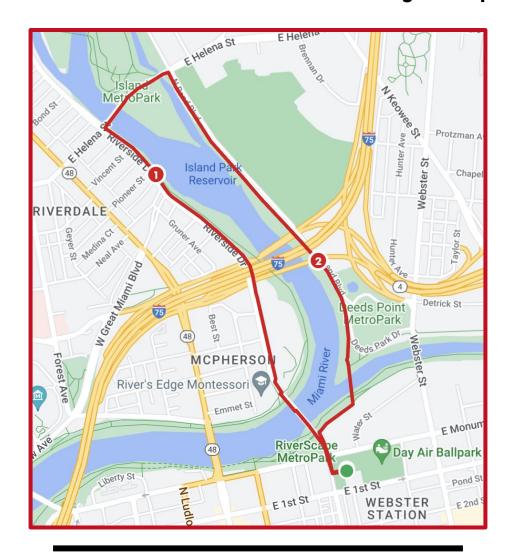
10:00 am 2024 Greater Dayton Heart Walk Begins

### **Dayton Heart Walk**





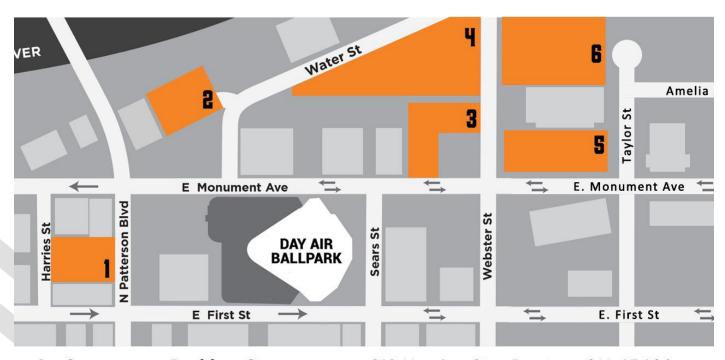
#### Day Air Ballpark-Route Map



#### **Route Directions**

- The Route begins at Day Air Ballpark: 220 N Patterson Blvd, Dayton
- Head north on Riverside Dr.
- Turn right on E Helena St.
- Turn right on N Bend Blvd.
- Continue south bound and cross Deeds Point Park pedestrian bridge
- Once across, turn right onto N Country National Scenic Trail
- Turn Left onto Riverside Dr.
- The Route concludes at Day Air Ballpark: 220 N Patterson Blvd, Dayton
  Signage and volunteers will be posted throughout the walk

## Where to Walk & Park



- 1 Caresource Parking Garage
- 2 Water Street Parking Garage
- 3 Marsh & McLennan Lot
- 4 Dragons Reserved parking Lot
- 5 Taylor Street Lot A
- 6 Taylor Street Lot B

212 Harries St., Dayton, OH 45402 427 Water St., Dayton, OH 45402 309 Webster St., Dayton, OH 45402 385 Webster St., Dayton, OH 45402 315 Taylor St., Dayton, OH 45402 400 Taylor St., Dayton, OH 45402

# Executive Leadership Team's **Welcome**



## FROM HEART WALK TEAM

We're so glad you're joining us for the 2024 Greater Dayton Heart Walk! We're excited to walk together for the heart health of our community.

Here are a few things you should know as you prepare for your best Heart Walk yet:

- We want to see and hear you on walk day! Take plenty of photos and tag @AmericanHeartOhio on Facebook and Instagram and @AmHeartOhio on Twitter. Don't forget to use #DaytonHeartWalk!
- ► HAVE FUN! Whether walking or cheering on friends, know that your Heart Walk day is being spent impacting the lives of the ones you love – and even the lives of those you have never met.

We are so grateful for each and every one of you and look forward to cheering you on!

With Heart, Heart Walk Executive Leadership Team



## Frequently Asked Questions

Is there a registration fee? Nope. Instead, participants are encouraged to fundraise, so your impact is limitless and make a personal donation to support the Heart Walk.

Is there a fundraising minimum? No, and there's no maximum either! We encourage participants to make a difference by asking friends and family for donations and making a personal donation.

Should I register ahead of time? Absolutely! Registering online at Heart.org/DaytonWalk gives you access to all our great fundraising tools and keeps you updated on day of event info.

Can I participate in Heart Walk if I'm not on a Team? Sure, you can walk and fundraise individually. Every donation will help create big science! But hey, since you're already on board, maybe consider starting a team and asking friends, family and coworkers to join you to also be Heart Walk heroes.

Can I wear a mask to the Heart Walk? Absolutely. Our events are mask-friendly.

Is there an indoor option in case of rain? We are rain or shine this year!

Can my kids walk, too? Are strollers allowed? Definitely! There will be many children's activities in the Kids Zone that are great for the whole family! Strollers are also permitted!

Is there a check in area day of walk? No, pre-register at Heart.org/DaytonWalk so you can simply lace up, show up and walk with us! If you are a survivor or have donations to drop off you can do so at the at the AHA table.

Are pets allowed? Definitely! This is a family-friendly event. Non-aggressive, leashed pets are welcome. Please clean up after your dog.



## Frequently Asked Questions

Can I turn in money at the Heart Walk? You sure can! Stop by the donation turn in area at the AHA table.

How are donations made? Donations can be made securely to your fundraising page with a credit card, PayPal, Venmo and more. Cash and checks (made payable to the American Heart Association) may also be collected. You can deposit checks directly through the Heart Walk App!

Will I receive a Heart Walk t-shirt? All walkers who raise \$100+ can redeem Heart Walk Hero Gear from our Heart Walk Rewards Center in your Heart Walk Headquarters and in the Heart Walk App. There are so many great options to choose, and the best part is they will be shipped directly to you after you redeem them. The Rewards Center is available up to 6 weeks post-Walk!

Can I fundraise after Walk day? Of course! Who are we to stop you from achieving fundraising fame? You can also submit cash and checks to your local <u>American Heart Association Representative</u> through October 30, 2024.

How can I volunteer? Heart Walk Volunteer - Dayton, OH | VolunteerMatch

Where should I park? Due to road closures, it's recommended that you arrive early. Parking is available in public lots surrounding the ballpark at your own cost.

Where is the Start/Finish line? Right in front of the Day Air Ballpark!