

CycleNation Denver FAQ

- ***What is the date and location for CycleNation?***
CycleNation is happening Thursday, Sept. 5 at Mile High Station (2027 W Colfax Ave.).
- ***What time is the ride?***
There are two rides this year: the Happy Hour Ride at 4 PM, and the Glow Party Ride at 6:30 PM. Registration will open at 3 PM for both rides, and all riders are welcome to be onsite for both rides. There is also additional room in the second ride, so if you want to stick around and ride again, you are welcome to.
- ***Where is parking available for the event?***
Parking is available onsite in the Mile High Station/Iron Works parking lots (VIP parking and first come first served) If you do not earn VIP parking and want to park in the Mile High Station lot, there will be a cost. Parking in Lot A of Empower Field is free. To earn VIP parking, individuals must raise \$500 by 9/3. VIP parking emails will be sent on 9/4.
- ***Can I register at the event?***
Yes, we encourage you to register at [Denver CycleNation - American Heart Association](#). Registration online closes at 12:01 AM on Sept. 5, however, you can register on site the day of the event.
- ***I need to turn in donations, how can I do that?***
Great job fundraising! You can turn in all check donations on site on Sept. 5. We do ask that any cash donations, please get made into a cashier check and can either be mailed to our office at 1777 S. Harrison St. Suite 500, Denver, CO 80210 or turned in at the event. You can also encourage your supporters to donate online as online donations will not close the day of the event!
- ***Do I have to raise the fundraising minimum by the event to participate?***
Yes, the \$1,000 team fundraising minimum must be met by Sept. 5. We encourage you to continue sharing your page with friends and family that you are participating in and fundraising for CycleNation, and you would appreciate their support. Don't forget to donate to your own efforts, connect to your Facebook Fundraiser, and download the CycleNation app from the app store!
- ***How long do I have to fundraise?***
You can fundraise up to October 31st to reach the Finisher Medal or Top Rider status. After October 31st, fundraising pages will still be 'live' but no longer can go towards earning incentives.

- ***I have a matching gift, what do I need to do?***
Awesome! Complete any paperwork for the matching gift with your company's platform. Once you have received confirmation that your donation will be matched, forward that confirmation to Kelli.Anderson@heart.org and she will get this to our National Matching Gift Team.

- ***Will food and drinks be served at the event?***
We will have appetizers/snacks and water available for all. Teams that raise \$1,000 by Friday, August 30 will earn a beverage bucket that includes 2 beers/seltzers per team member. There is also a cash bar onsite selling beer, seltzer, wine, and non-alcoholic drinks.

- ***How does the ride work?***
Each of the two-hour rides are set up as a fun relay ride; you are welcome to make it more competitive amongst your team if you like! There will be time calls from the instructors every 15 minutes to denote when to change riders for the larger teams. For example, a 4-person team can rotate through riders twice at 15 minutes each, or ride once for 30 minutes each. The time calls are more of a suggested rotation, there is no requirement to change at that time.

- ***What else will there be to do during the rides?***
Riders are welcome to enjoy snacks and beverages and mingle when they are not riding in the team spaces, which will be located on the second-floor mezzanine overlooking the ride. There will also be games including Giant Jenga, Giant Connect 4, and Cornhole for all to play outside (weather permitting). Mission-based activities including Hands-Only CPR demos sponsored by Transamerica and a Stroke Education Corner including an interactive stroke activity.

- ***What time does the event end?***
The second ride ends at 8:30 PM, and we will wrap up pretty quickly afterwards. The bar will do last call at 8:00 PM. All are welcome to stay until the end of the second ride.

- ***I can't make the event anymore, is there anything I need to do?***
We are bummed you will be missing the event! No action necessary, thanks for letting us know.