

# HEART MINI MARATHON & WALK

## MARCH 17, 2024

### REGISTER AT HEARTMINI.ORG



American Heart Association®

Heart Mini-Marathon & Walk™

Presenting Sponsor



American Heart Association  
9825 Kenwood Rd. Suite 104  
Blue Ash, OH 45242

## IMPORTANT DATES

**March 17**

Heart Mini-Marathon & Walk  
Presented by Kroger

#HeartMini

## CONTACT INFORMATION

ALL INFO REQUIRED

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Employer: \_\_\_\_\_

Individual

Team

Team Name: \_\_\_\_\_

Team Leader: \_\_\_\_\_

## EMERGENCY CONTACT

ALL INFO REQUIRED

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

## ADDITIONAL DONATION

(not required)

I have enclosed \$\_\_\_\_\_ as a direct  
donation to the American Heart  
Association.

Mail this completed form along  
with the minimum pledge for the  
event in which you are participating.

You can also register at  
**HEARTMINI.ORG**

## EVENT

ALL INFO REQUIRED

St. Elizabeth Healthcare  
Heart 1/2 Marathon (\$65)

15K Heart Mini-Marathon (\$50)

UC Health  
1K Steps for Stroke (\$40)

altafiber  
5K Heart Race (\$45)

FIS  
1.5K Kids Race (\$25)

Konkert  
5K Heart Walk

Adult (\$40)

Child (\$25)  
12 and under

## CATEGORY

ALL INFO REQUIRED

Age \_\_\_\_\_

(as of March 17, 2024)

Male

Female

Survivor

Heart or Stroke Survivor (e.g.  
heart attack, open heart  
surgery or angioplasty, etc.)

## SHIRT SIZE

Youth

YS

YM

YL

Adults

S

XL

M

XXL

L

XXXL

All participants whose forms are received by  
February 16th will receive their race items (shirt +  
bib) via mail by event weekend. Any received after  
February 16th will have to pick up their race items  
at packet pickup. Price increase: if not postmarked  
by March 8th, please include an additional \$5 per  
entry (does not apply to kids race and Steps for  
Stroke).

Heart Mini Release with Publicity Consent HEART MINI (the "Event") includes risks such as increased physical exertion, increased heart rate, muscle pain and strain, increased body temperature, falls, contact with other participants, pulled or torn muscles, and other conditions. I am aware of the highly contagious nature of bacterial and viral diseases including the 2019 novel coronavirus disease (COVID-19), influenza and other infectious diseases (collectively, the "Disease") and the risk that I may be exposed to or contract the Disease by engaging in the event, which may result in serious illness, personal injury, disability, or death. I acknowledge that these risks may result from or be compounded by the actions, omissions, or negligence of individuals I am around or with whom I have contact. In consideration of being allowed to participate in this Event, I hereby expressly assume all risks, including personal injury and death, arising in any way out of my participation in the Event and any related activities and services offered at the Event in which I voluntarily participate.

I understand and agree that: it is my responsibility to dress appropriately. I am physically fit and able to participate in this Event and the related activities and services, and I agree to stop and request assistance if I experience any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions that would make it difficult or unsafe to continue.

I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, the American Heart Association, Inc., its affiliates, officers, directors, volunteers and employees, and all sponsoring businesses and organizations and their agents and employees (collectively "AHA"), from any and all liability, claims, demands and causes of action whatsoever, arising directly or indirectly out of my participation in this Event and related activities and services — whether it results from the negligence of any of the above or from any other cause. IF THIS A TIMED EVENT, UNLESS I TELL AHA OTHERWISE, I UNDERSTAND THAT MY PERSONAL INFORMATION AND MY TIMED RESULTS MAY APPEAR IN CERTAIN PUBLIC PLATFORMS, INCLUDING ONLINE PLATFORMS. I authorize the use, copyright, or publication of my name, image, or voice from participating in the Event and related activities, as may be captured by photograph or recording in any medium for promotional purposes related to AHA's mission and this Event, including illustration, promotion, or advertisement. As a condition of participation, I grant AHA a perpetual, irrevocable, worldwide, transferable, royalty-free, and non-exclusive license to use, reproduce, adapt, modify, publish, distribute, publicly perform, and create a derivative work from, as previously mentioned above, including display on the AHA website, without any attribution or compensation, with the goal to promote and support the AHA mission. Examples of promotion and mission related activities include, but are not limited to social media, media relations, consumer relations, donor relations, and storytelling. I agree that AHA may use and share personal information about me that I give AHA and that AHA collects through its websites, apps, social media sites, devices, as well as the information about me that AHA combines with that collected by others.

AHA uses and shares my personal information to fulfill AHA's mission to be a relentless force for a world of longer healthier lives, to notify me of donor opportunities and offer me products and services, to provide me with products or services that I request, and to improve AHA's programs and websites. I can learn more about how AHA uses, shares, and protects my personal information by reading the AHA Privacy Policy at [www.heart.org/Privacy](http://www.heart.org/Privacy). If I am registering a child under the age of 18 or an incapacitated adult I represent and warrant that I am the parent or legal guardian of that party and have the legal authority to enter into this agreement on their behalf and by proceeding with this Event registration. By registering a child under 13, I agree and consent to the collection of that child's information which I provide for the purposes of registration. This agreement is meant to be as broad and inclusive as permitted by the State in which the Event is conducted. If any portion of it is invalid, the balance will continue in full force and effect.

BY SIGNING, I ADMIT THAT I HAVE READ AND UNDERSTOOD ALL THE TERMS OF THIS CONSENT AND RELEASE AND UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE THE AHA.

PRINT PARENT NAME

\_\_\_\_\_

PRINT PARTICIPANT NAME

\_\_\_\_\_

(If participant is under 18 years of age.)

Donations are non-refundable.

SIGNATURE

X \_\_\_\_\_

(Parent signature required if participant  
is under 18 years of age.)

QUESTIONS? call 513-699.4237  
or email [Briana.olney@heart.org](mailto:Briana.olney@heart.org)