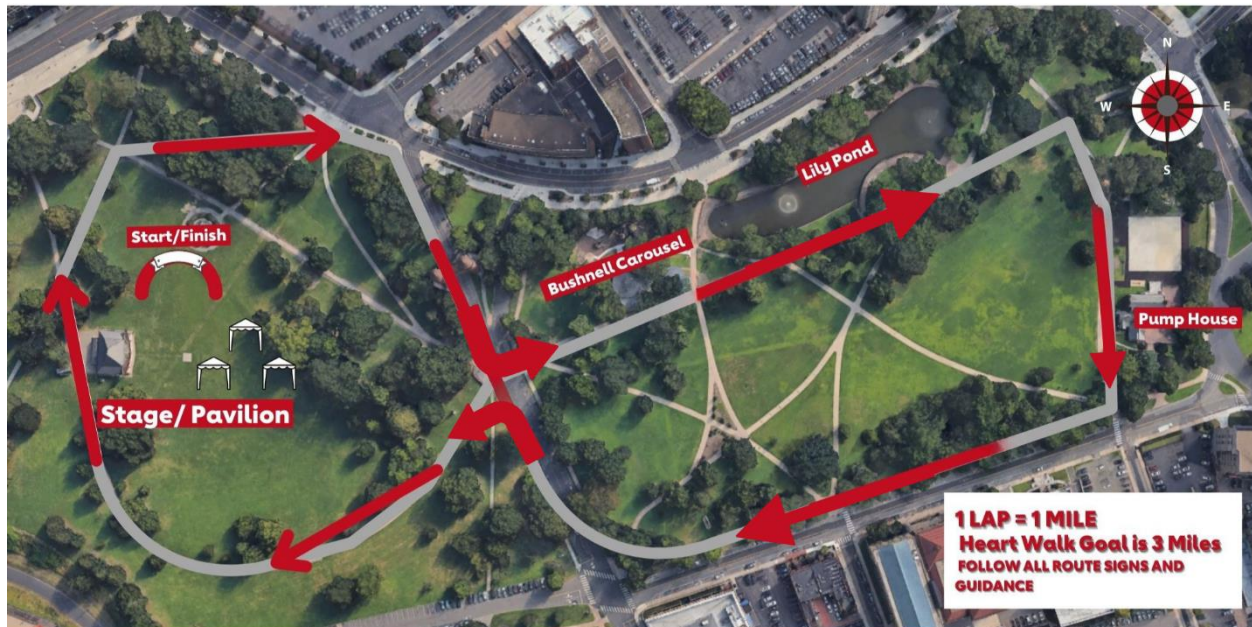


Greater Hartford Heart Walk Route Map



a) The walk will begin at our Heart Walk inflatable start-line arch in the vicinity of the Corning Fountain and Bushnell Park Performance Pavilion.

b) Walkers will proceed easterly on the park's sidewalks to Ford Street, and then on the sidewalks southerly toward Trinity Street. A Heart Walk Volunteer will be stationed here to provide assistance.

c) Walkers will turn right onto Trinity Street, which will be closed to vehicular traffic. Proceed southerly on the roadway under the Hartford Soldiers and Sailors Monument and take a left onto the park's sidewalks. A Heart Walk Volunteer will be stationed here to provide assistance.

d) Walkers will continue along the park sidewalk before turning right toward the pump house. Walkers continue right onto Elm Street onto the sidewalk and proceed westerly.

e) Walkers will turn right onto Trinity Street and then turn left into the park just before the Hartford Soldiers and Sailors Monument. A Heart Walk Volunteer will be stationed here to provide assistance.

f) Walkers continue on the sidewalk westerly past the Connecticut State Capitol, returning to the vicinity of the Performance Pavilion.

g) That concludes the Heart Walk course which is approximately one mile in length. Portalets, water for Walkers, and drinking bowls for dogs are positioned near the Start-Finish line near the Performance Pavilion.

h) Heart Walkers typically complete 3 loops of this route, which equals approximately three miles.

i) Participants walking the Survivor Mile complete the same route, 1 time.