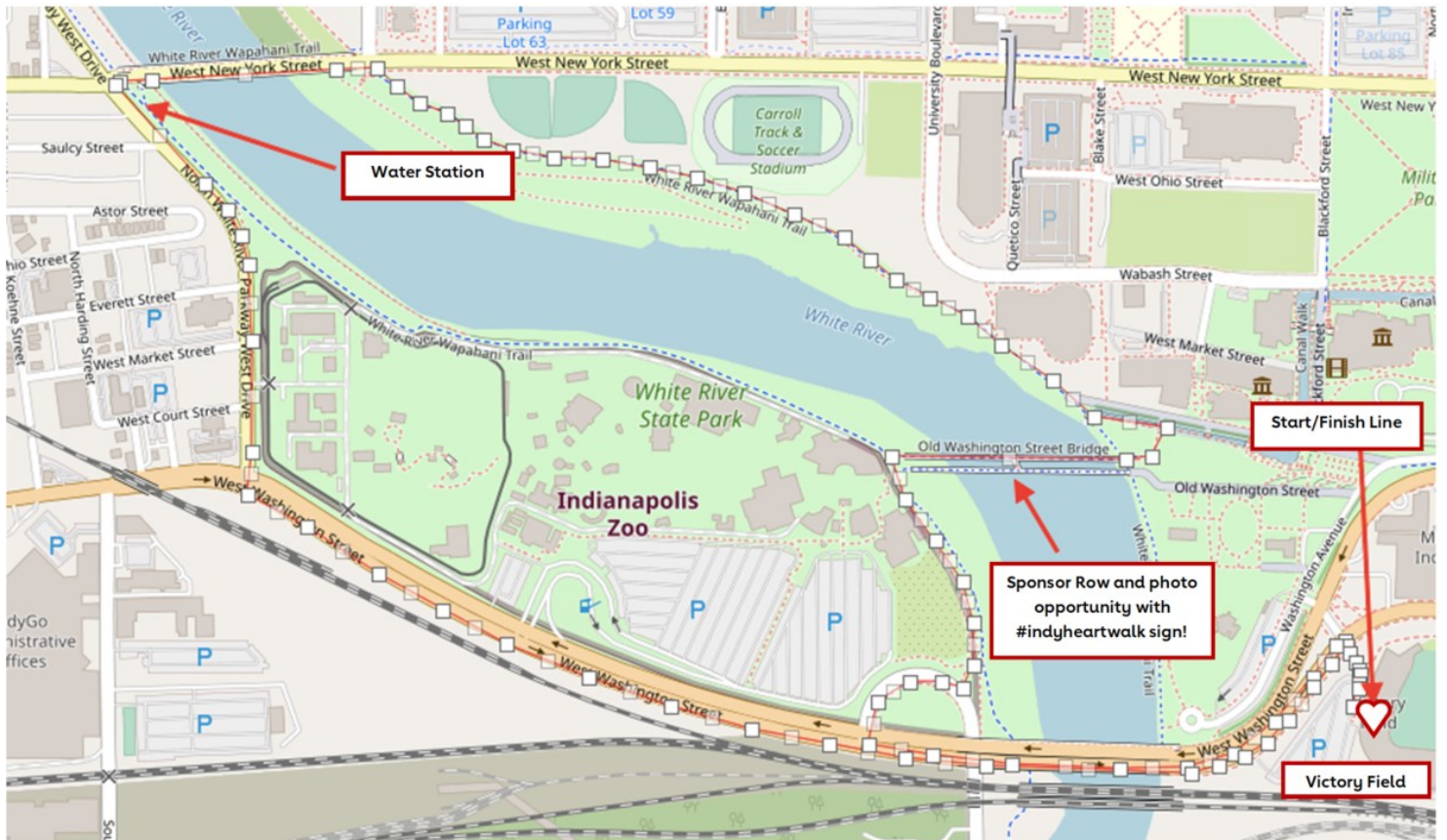


ROUTE MAP

Indianapolis Heart Walk | Saturday, September 21

Gates open at 8:00 am | Walk starts at 10:00 am



3-MILE/5K ROUTE

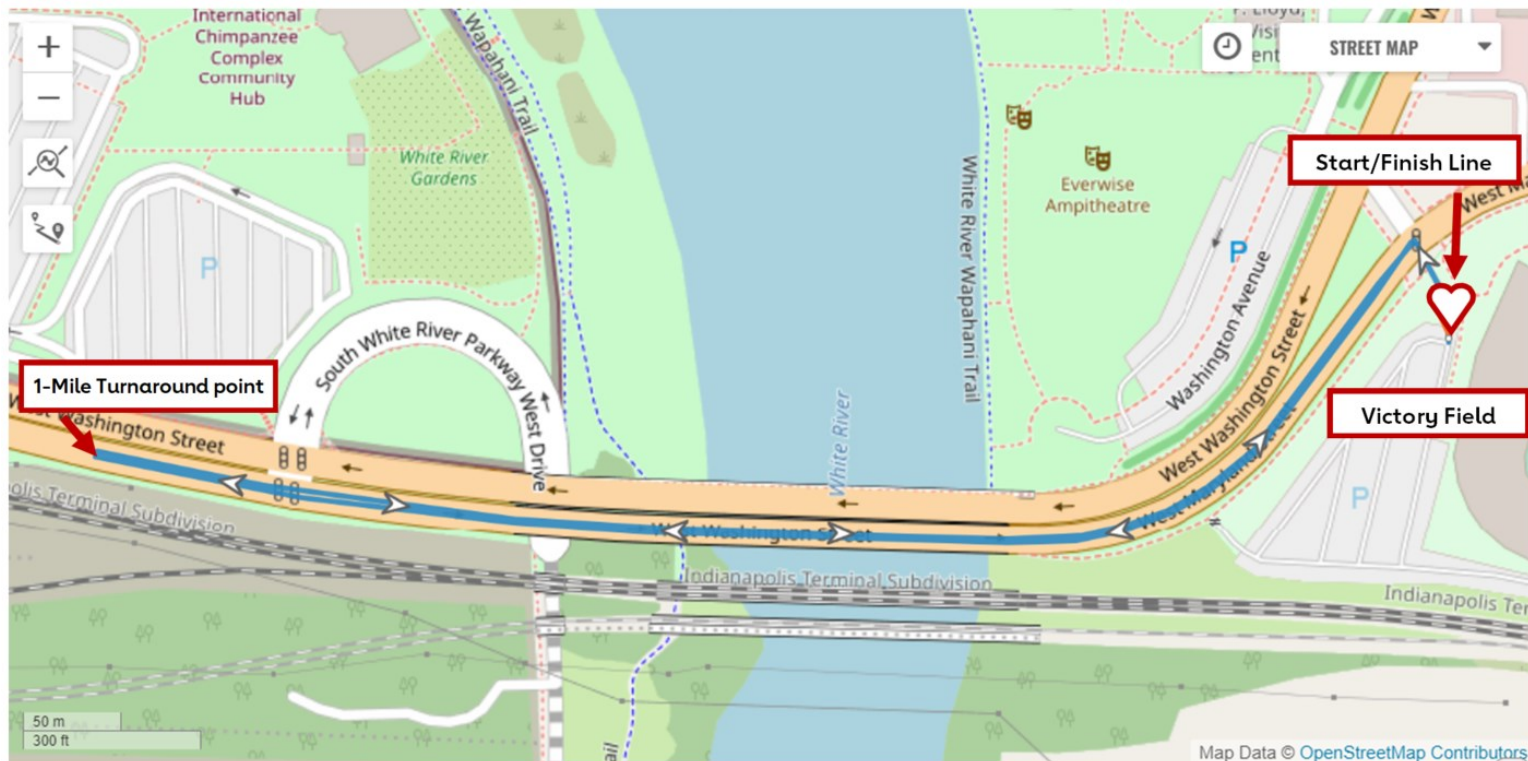
Participants will start the walk at the arch located in the parking lot of Victory Field closest to West Washington Street and then turn left on West Washington Street. Participants will pass the zoo and then turn right on N. White River Parkway. When participants reach the intersection of N. White River Parkway and West New York, they will walk eastbound in the coned-off eastbound lane until they cross the bridge and reach the White River Running Trail. They will turn right and proceed southeast on the trail until they reach the canal in White River State Park. They will then be directed westbound across the Old Washington Street Bridge until they reach the Zoo. They will then turn left and proceed south on the White River Trail until they reach S. White River Parkway where they will be directed right towards W. Washington Street. They will then cross W. Washington Street and proceed to turn left into the middle eastbound lane of W. Washington Street which they will stay in until they reach Victory Field and they proceed back through the arch in the back parking lot.



The water station is located at North White River Parkway West Drive and West New York Street



Sponsor Row and Photo opportunity located at Old Washington Street Bridge



1-MILE ROUTE

Participants will start the walk at the arch located in the parking lot of Victory Field closest to West Washington Street with the 3-mile/5k walkers. Participants will walk westbound on W Washington Street approximately one-half mile to reach the White River State Park Amphitheatre. Participants will double back and turn around to travel east bound on W Washington Street back toward Victory Field. They will turn right into the parking lot after approximately one-half mile and finish under the finish line located inside the Victory Field parking lot.



Water for the 1-mile walk participants is located in Victory Field at the Refreshments table or water fountains



Photo opportunities for all participants and the 1-mile walkers are located in Victory Field!

For assistance on the day of event:

Shaunda Reed (502) 262-4134

Courtney Coirin-Goudreau (757) 817-0983

OR

Email the Indy Heart Walk Team prior to day of event at indyheartwalk@heart.org