



American Heart Association®

Heart and Stroke Walk™



Los Angeles Heart & Stroke Walk

Sunday, October 27, 2024
Rose Bowl Stadium
1001 Rose Bowl Dr, Pasadena, CA 91103
8 AM - 12 PM

2024 Reward Center for Fundraising Participants

All participants who raise \$100 or more for the Los Angeles Heart Walk will be able to redeem Hero Gear as a reward for fundraising. Points will be redeemable for up to 6 weeks after the event. You can access the Reward Center through your participant center and have rewards shipped directly to you. If you choose NOT to redeem your reward, all the funds you raised go to move our mission forward. Thank you for being a Heart Hero!

Event Schedule

8 AM Expo Opens

8 AM Assigned Company Photos Begin

9 AM Opening Ceremonies

9:15 AM Walk Starts

12 PM Event Concludes

Heart-Healthy Highlights!

Before the opening ceremonies, join us for a variety of engaging heart-healthy activities! Get your blood pressure checked, learn Hands-Only CPR, snap a photo of your furry friend at the Pup-arazzi Pet Photo Area, and don't forget to stop by the Kids Zone. There's something for everyone to enjoy!

Our Los Angeles Heart and Stroke Walk will have 3-mile and 1-mile route options, with a water stop at the halfway mark on the 3-mile route. We can't wait to see you there!

Pets

Our event is dog-friendly! All dogs must be leashed.

Restrooms

Restrooms will be located to the west of all the tents at the Lot H expo area adjacent to the parking lot.

First Aid

EMTs will be available in the First Aid Tent. Additionally, there will be an ambulance on-site in case of emergencies.

Rewards Center & Heart Walk Hero Gear

The more funds you raise, the more points you earn to redeem [Heart Walk Hero Gear](#). Once you reach a new fundraising milestone, additional points will automatically be added to [your points balance](#). You can redeem points at any time up to the walk and points expire 6 weeks after the day of the Heart Walk. Point redemption starts after you've fundraised \$100. Since qualifying walkers can now order their T-shirt online through this new Reward Center, there will no longer be a T-Shirt Tent at any of our Heart Walks.

Survivor Lounge - Heart and Stroke Walk Heroes

Heart disease and stroke survivors are warmly invited to visit our Survivor Lounge to pick up a special gift. Heart disease survivors will receive a complimentary AHA red baseball cap, while stroke survivors will receive a complimentary white baseball cap. Additionally, all event attendees can honor their personal Heart Heroes, Stroke Heroes and Remembered Heroes at the Tribute Wall. At the finish line, join us as we cheer on our survivors as they ring the Survivor Bell.

Questions

If you have a question not answered here, please feel free to contact us at (213) 291-7030 or email joonhyung.kim@heart.org