



American Heart Association®
Heart Walk®

2024 PITTSBURGH HEART WALK EVENT GUIDE



2024 PITTSBURGH HEART WALK

Saturday, September 21st

8AM-12PM

Point State Park, 601 Commonwealth Place

Pittsburgh PA 15222

- Registration open: 8 AM, Walk starts: 10 AM
- Rain or shine, Stroller and Wheelchair friendly!
- There is a NEW route option! 3 Mile loop that showcases our beautiful bridges! Additionally, we have a new 1 mile, route option. Maps found on page 3
- Dogs on leashes are always welcome.
- Survivors - caps or capes are available in the Survivor Tent.
- Top Walkers - A top walker is an individual who raises \$1,000 or more. Top Walkers will be on the guest list to the VIP tent with breakfast, coffee, gift bags, and make your own trail mix during the Heart Walk.

Event Agenda

8:00am: Welcome, registration, pick up your Torch Passport and vendors open

8:15 am– 9:30am: Videos, Interviews from stage, Warm Up activities

9:35am: Heart Walk Ceremony begins

10:00am: Heart Walk begins

12:00pm: Festivities conclude

Highlights:

- Warm up by Walk Run Lift Studio
- NEW Torch Passport
- Riverhounds Hype Squad and Soccer darts
- Touch a Truck
- Walk through our interactive Life's Essential 8 tent
- Face Painting and Balloon Artists
- CPR Demos
- Free Health Screenings
- Give Aways!
- Company Photos
- Kid Zone –iHeart, fun activities and more!
- Tribute Tree and Survivor Area
- Top Walker VIP Tent

2024 PITTSBURGH HEART WALK

Village Map and New Routes!



Pittsburgh
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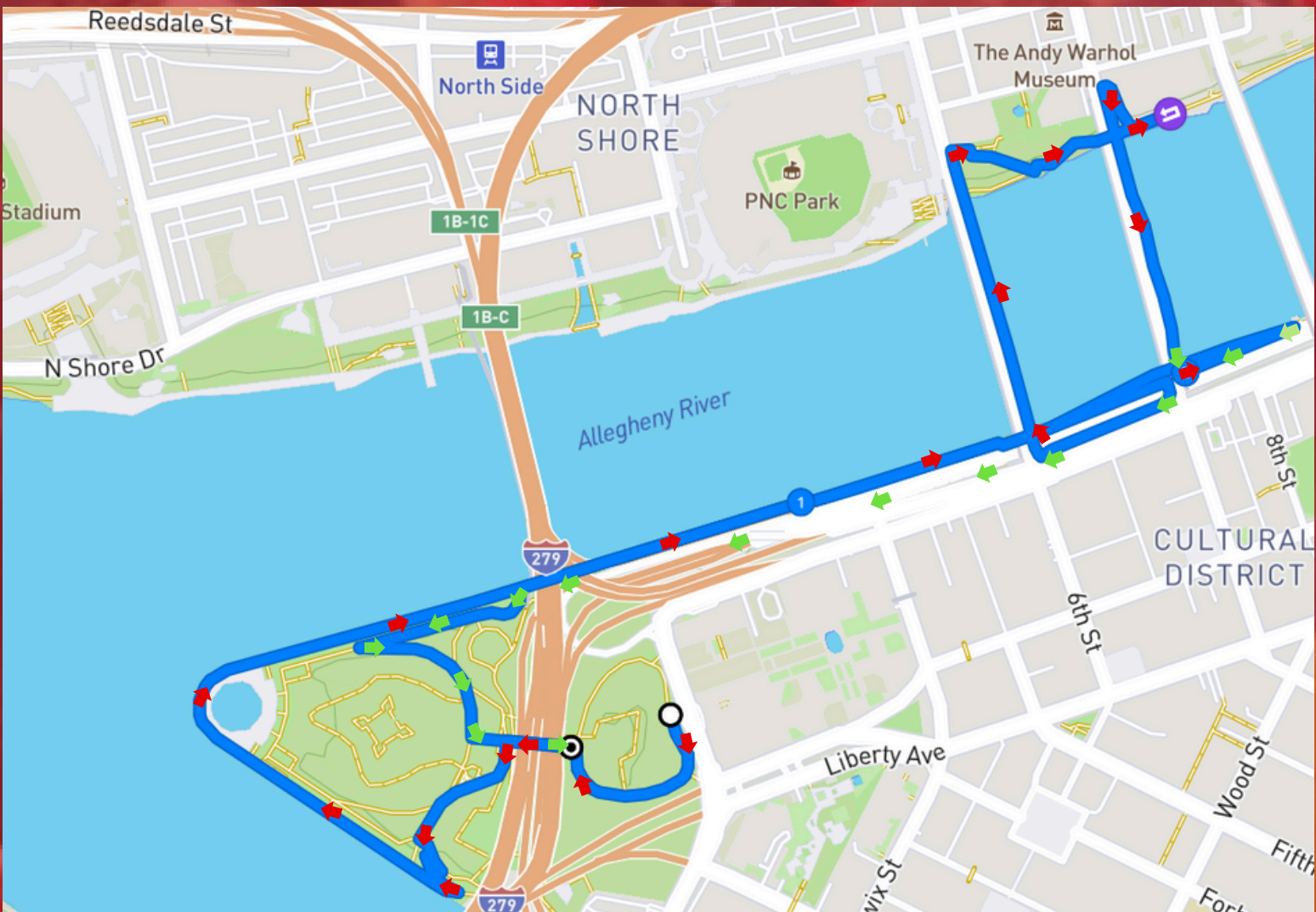
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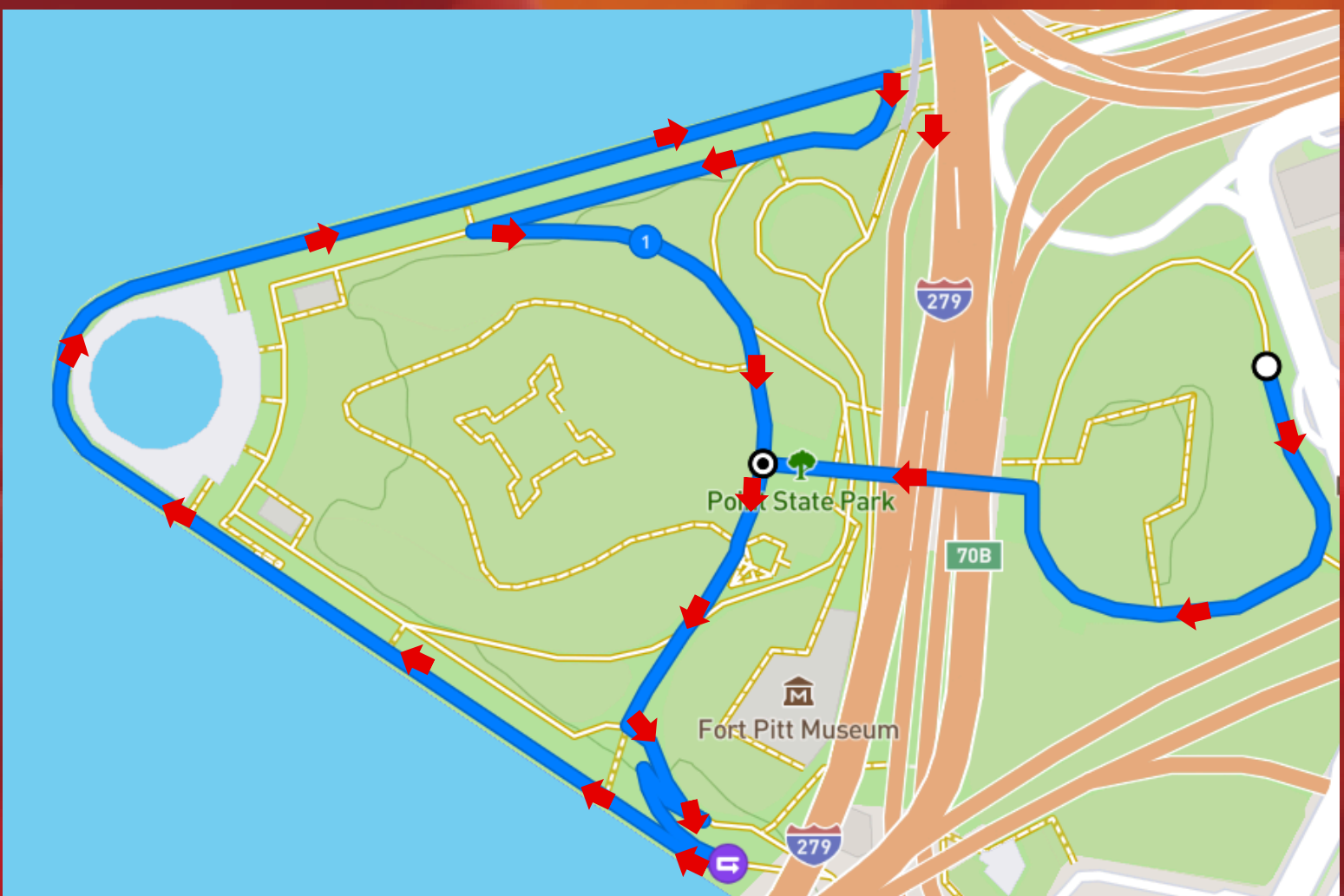
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New Routes!

3 Mile



1 Mile



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Parking Information

A discounted parking rate of \$5 will be available in the Gateway Center Garage on Liberty Avenue 400 Liberty Ave, Pittsburgh PA 15222. Other garages in the area, including the PPG garage, should be open, at standard rates. Additionally, the Pittsburgh T line is an option! The Wood Street T station is near the Smithfield Liberty Parking garage \$5 on the weekend, take to the Gateway Station and walk to Point State Park!

How to use QR Code: Scan the QR Code at the entry ticket machine scanner, and the exit ticket will dispense from the entry ticket machine. (Please note: You must have this ticket to exit the garage)



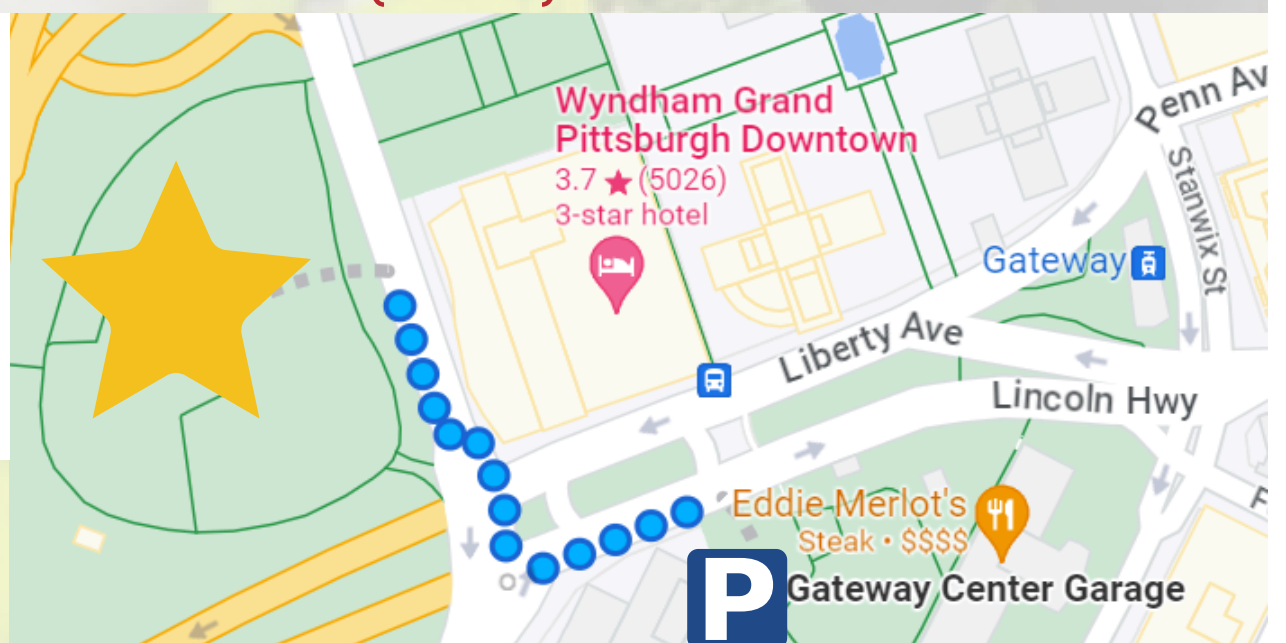
The exit ticket cost is \$5 and can be paid by credit card when leaving for the day. When leaving, pay for the ticket at the pay-on-foot machines or in the exit lane (credit card only) at the exit machine when leaving the garage.

Walking Directions from Parking lot to Point State Park: -Head West on Liberty Ave toward Commonwealth Pl (262 ft) -Turn Right onto Commonwealth Pl (358 ft) -ARRIVE

Gateway Center Garage
400 Liberty Ave, Pittsburgh, PA 15222

- ↑ Head west on Liberty Ave toward Commonwealth Pl
262 ft
- ↪ Turn right onto Commonwealth Pl
358 ft

Point State Park
601 Commonwealth Pl, Pittsburgh, PA 15222



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Company Photo sponsored By :
All Lines Technology

To help the larger teams assemble, we've scheduled a time for each Heart Walk Team to meet for a Team Photo! We encourage all teams to take advantage of the photo areas, located at the Fountain (Portal Bridge weather dependent)

Note: This year we have designated which side of the fountain team's will have been assigned to.

- 8:15am – Colliers ALLEGHENY SIDE
- 8:15am - AI Solutions MONONGAHELA SIDE
- 8:20am – South University ALLEGHENY SIDE
- 8:20am – Deloitte MONONGAHELA SIDE
- 8:25am – Chartis ALLEGHENY SIDE
- 8:25am – Viatrix MONONGAHELA SIDE
- 8:30am - Print Tech ALLEGHENY SIDE
- 8:30am – Koppers MONONGAHELA SIDE
- 8:35am – Fazio ALLEGHENY SIDE
- 8:35am- Giant Eagle MONONGAHELA SIDE
- 8:40am - Covestro ALLEGHENY SIDE
- 8:40am - Manheim Pittsburgh MONONGAHELA SIDE
- 8:45 am – ZOLL CENTER FOUNTAIN
- 8:55 am - UPMC CENTER FOUNTAIN
- 9:05 am - PNC CENTER FOUNTAIN
- 9:15 am - AHN CENTER FOUNTAIN

Donations: Participants can bring donations to the event, where they can be turned in at our registration area located in the event area of the City Lawn at any time during the celebration. AHA staff will also be available to pickup donations after the Walk beginning on Monday, September 23rd. The last day for donations to be turned in to count towards eligibility for prizes is Friday, November 1st. Donations MUST be in our offices by 5:00 pm on 11/24.

[Day Of Donations can be submitted using this Link](#)

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Thank you to all our Sponsors!

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