

# 2024 Richmond Heart Walk Route Map 5K



Questions? Contact us:  
[esrichmondheartwalk@heart.org](mailto:esrichmondheartwalk@heart.org)

- Registration, Donation Area, Volunteer Tent is located in Glades Park about 350 ft from the end of Lake Brook Drive
- ★ The Start & Finish Line will be in the parking lot South of Glades Park.
  - Walk North along the road for 600 ft before taking a left toward Lake Brook Drive.
  - Walk South on Lake Brook Drive for 1,800 ft before crossing the road and entering the parking lot on the left. Walk 900 ft East through the parking lot.
  - When arriving at the end of the parking lot and Cox Road, cross Cox Road to walk along the right side of the road.
  - Walk North on Cox Road for 3,700 ft before entering another parking lot with 3 buildings.
  - Veer right and walk along the parking lot until the first parking lot island. Turn left here at marker/sign.
  - Walk for 700 ft until reaching the back of the building.
- Hydration Station on route at the loop around at Cox Road.
  - Turn left at the back of the building and walk 700 ft.
  - Turn left at the corner and walk another 700 ft until arriving at the entrance of parking lot.
  - Veer right toward Cox Road and exit the parking lot.
  - Once at Cox Road, walk South for 3,700 ft before entering the parking lot on the right.
  - Once in the parking lot, walk 800 ft West.
  - Turn right onto the parking lot and walk along the road for 1,800 ft.
  - Turn right onto Lake Brook Drive and continue back up towards the business complex towards the Festival Area.
  - Veer right towards Glades Park and walk 600 ft until you have reached the Finish Line. ★
- ▲ Post Celebration Area in South parking lot of Glades Park at Finish Line with a Hydration Station. ■
  - First Aid is located by the Start & Finish Line. 🚑