



American Heart Association

Heart and Stroke Walk™



1 Mile Route:

- Start at the William Land Park Village Green Area—near the corner of Freeport Boulevard. & Sutterville Road
- Head North on E Park Rd
- Take a left at the fork in the road to 14th Avenue
- Take a left on Park Rd and head South
- Take a left while on Park Rd which will take you back to E Park Rd and William Land Park Village Green Area End

5k Route:

- Start at the William Land Park Village Green Area—near the corner of Freeport Boulevard. & Sutterville Road
- Head North on E Park Rd
- Take a left at the fork in the road to 14th Avenue
- Veer right to continue on 14th Avenue
- Take a right on 13th Street
- Take a left on 11th Avenue
- Take a left on Riverside Boulevard
- Take a left on E Park Rd
- Take a right on 13th Street to the turnabout then walk back up 13th Street
- Take a right on 14th Avenue
- Take a right on Park Rd, head south
- Take a left while on Park Rd which will take you back to E Park Rd and William Land Park Village Green Area End

Questions? Please contact:

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