

# 2024 EXECUTIVES WITH HEART Greater Washington Region



American Heart Association.  
**Heart Walk**®

## WHY EXECUTIVES WITH HEART?

Executives with Heart (EWH) is an elite group of corporate leaders committed to building a world of longer, healthier lives for all. The American Heart Association (AHA) believes healthy employees are the heart of healthy business and Executives with Heart serves as the foundation for inspiring a culture of health and well-being in the workplace. Together, we are helping advance the mission of the AHA in our community and across the country.

# 1

Say **YES!** to becoming a member of Executives with Heart, raising a minimum of \$5,000 through Heart Walk.

# 2

Make a personal gift and consider joining **COR VITAE**, the AHA's annual philanthropic giving society.

# 3

Create a **CUSTOMIZED IMPACT PLAN** to fundraise by reaching out to your network.

## EXECUTIVES WITH HEART IMPACT GOAL:

\$675,000 and 100+ members

Jeff Bosick  
2024 EXECUTIVES WITH HEART  
CHAIR  
Vice President, Health IT Division  
Leidos



Jeff Bosick  
Leidos

CPR

is why.



Join Executives with Heart in 2024 to be a part of our second century of saving lives.

Accept the Challenge & Reach Your Goal:

- Make your personal donation
- Recruit five (5) peers in your network to join you in the challenge
- Reach out to your personal and professional network to support your efforts with templated emails and social media posts

# 2024 EXECUTIVES WITH HEART

The purpose and passion behind Executives with Heart connects leaders across America to fight heart disease and stroke. As the #1 and #5 killers in the US, nearly everyone has a connection to this purpose.

Let's recognize YOU as a top EWH! When you surpasss the \$5,000+ fundraising benchmark, you'll receive the following local acknowledgement:



**EWH Networking & Visibility**  
Invitation to local reception, hosted by Leidos, and events for EWH, providing networking opportunities amongst peers in the community.



**Heart Challenge Recognition**  
Receive recognition at all GWR Heart Challenge events and related promotions, including a feature on Executive Row at Heart Walk.

## 2023 EXECUTIVES WITH HEART MEMBERS CARRYING THE TORCH

Mike Pittsman  
DAVIS Construction  
2023 Chair

Pat Balch  
RSI

Mark Benedetti  
Blake Real Estate

Owen Billman  
Blake Real Estate

Jeff Bosick  
Leidos

Meghan Callahan  
DAVIS Construction

Dave Clark  
RSI

Marilyn Crouther  
Crouther Consulting

Chris Crowder  
Unanet

David Eismeier  
KPMG

Shirley Gale  
Amazon

Tim Gillis  
KPMG

Linda Gooden  
Gooden LLC

Sherry Grasson  
AT&T

Dave Greenspun  
Blake Real Estate

Susan Haning  
Freeman

Jeffrey Harris  
Gooden LLC

Rebecca Haug  
Booz Allen Hamilton

Steve Hawryluk  
DAVIS Construction

Ken Hofgesang  
SAIC

Emily Holubowich  
AHA

Chris Jasiota  
DAVIS Construction

Amry Junaideen  
Deloitte

Michael Kirshbaum  
EAB

Jim Moos  
Leidos

Lauren Newhouse  
Suburban Hospital

Jennifer Newport  
Shoppers Food

Dr. Sandra Nichols  
UnitedHealthcare

Tom O'Donohoe  
Digital Realty

Arthur Murray  
Dance Center of  
Gaithersburg

Chad Oursler  
DAVIS Construction

Connie Peduzzi

Mike Peduzzi  
KPMG

Vicki Schmanske  
Leidos

Sima Shahin  
Rancher Gov't  
Solutions

Vince Sheehy  
Sheehy Auto Stores

Lauren Sipple  
KPMG

Marlena Villar  
Inova

Jennifer Wink  
Blake Real Estate

Joe Winthrop  
ASRC Federal



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For more information, contact Lauren  
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