



American Heart Association.
Heart Walk®

**I WALK
TO SAVE LIVES**

2025 MIDLANDS HEART WALK

Saturday, March 29th | Festival Opens: 8:00 a.m. | Walk Begins: 9:00 a.m.

Segra Park | 1640 Freed Street, Columbia, SC 29201

♥ Indicates Miracle Mile U-Turn Point



Heart Walk Route

- ★ 1. The Route begins at the back gate of Segra Park
- 2. Exit the stadium and make a right onto Saunders St. for 0.13 miles
- 3. Turn right on Boyce St. for 0.3 miles
- 4. Turn right on Colonial Dr. for 0.2 miles
- 5. Turn right on Gregg St. for 0.75 miles
- 6. Turn right on Laurel St. for 0.1 mile
- 7. Turn left on Barnwell St. for 0.1 mile
- 8. Turn right on Blanding St. for 0.1 mile
- 9. Turn right on Henderson St. for 0.2 miles
- 10. Turn right on Richland St. for 0.1 mile
- 11. Turn left on Blanding St. for 0.3 miles
- ★ 12. The Route concludes at the back gate of Segra Park!

♥ Miracle Mile Route

- 1. The Route begins at the back gate of Segra Park
- 2. Exit the stadium and make a right onto Saunders St. for 0.13 miles
- 3. Turn right on Boyce St. for 0.3 miles
- 4. Make a U-Turn and follow Boyce St. back to Saunders St. for 0.3 miles
- 5. Turn left on Saunders St. for 0.13 miles
- 6. The Route concludes at the back gate of Segra Park!

For more information & to register, visit: www.MidlandsHeartWalk.org
For questions, contact us at: (678) 224-2166 or MidlandsSC@heart.org

Day of Event Contact: Kylie Thomsen - EPC (847) 777-9826
Mandy Couch - Midlands HW Director (678) 852-8639