

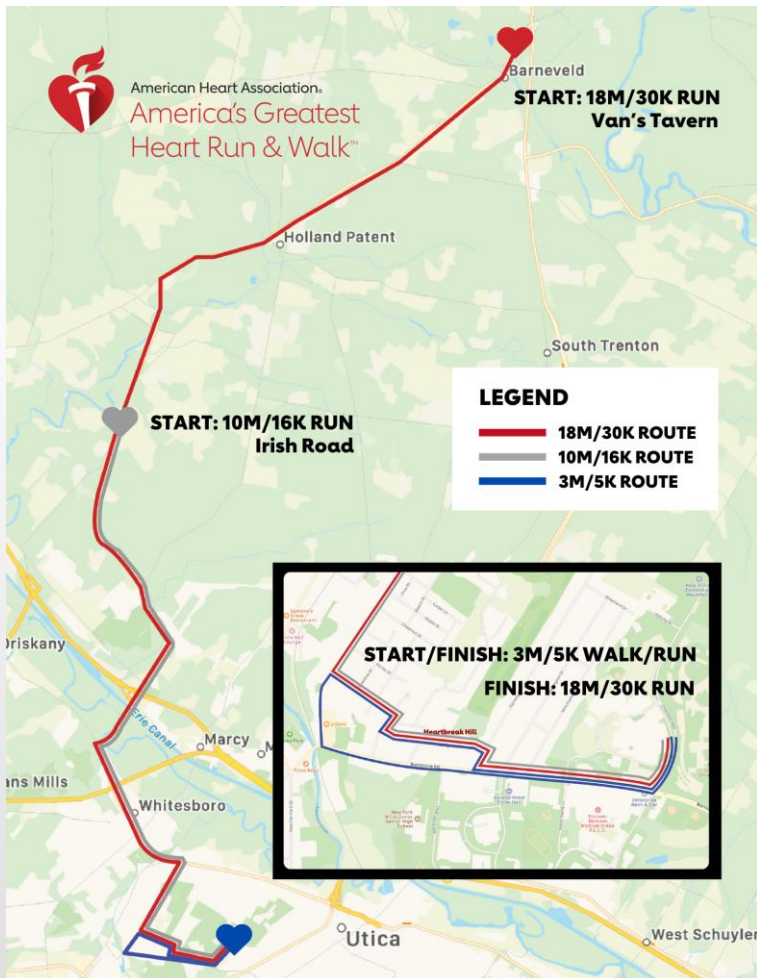


American Heart Association.  
**Heart Walk**

# Utica Heart Run and Walk

**March 8, 2025**

## Van's Tavern to Utica University- 30K Route Map

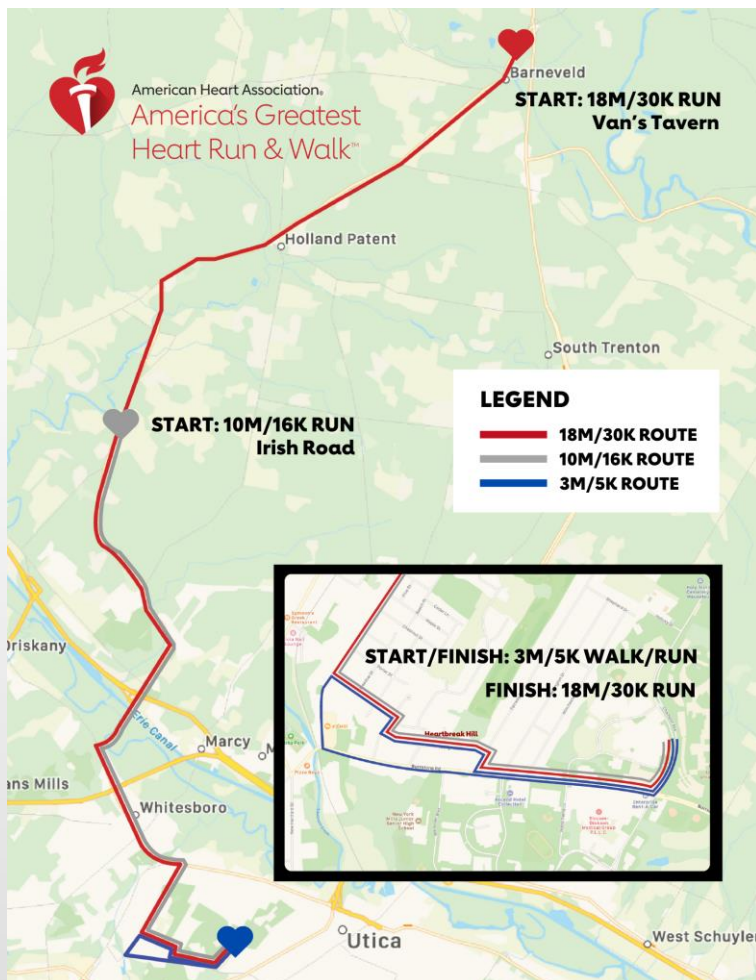


### 30K Route Directions

- Start at Van's Tavern in Boon St. in Barneveld, heading west
- Boon St. becomes Rt 365
- Stay on Rt 365 to Holland Patent
- Run through Holland Patent and continue to Rt 291
- Turn Left on Rt 291
- Stay on Rt 291 through Stittville, past the Prison, through Marcy, past Whitesboro Senior High School to Rt 69.
- Left onto Rt 69 for a very short distance and then left onto Main St. (Whitesboro)
- Follow that to Main St. in New York Mills and turn right onto Main St.
- Follow Main St and turn Left onto Elm St (Heart Break Hill)
- Right onto Pulaski St
- Quick Left onto Young Ave
- Right onto Fairway
- Quick Left onto Burrstone Rd
- Left onto Champlin Ave
- Right onto Utica University Campus.

*Please contact us with any questions:*

**315-580-3953**



### 16K Route Directions

- Start on Rt 291 & Irish Rd
- Stay on Rt 291 through Stittville, past the Prison, through Marcy, past Whitesboro Senior High School to Rt 69.
- Left onto Rt 69 for a very short distance and then left onto Main St. (Whitesboro)
- Follow that to Main St. in New York Mills and turn right onto Main St.
- Follow Main St and turn Left onto Elm St (Heart Break Hill)
- Right onto Pulaski St
- Quick Left onto Young Ave
- Right onto Fairway
- Quick Left onto Burrstone Rd
- Left onto Champlin Ave
- Right onto Utica University Campus.

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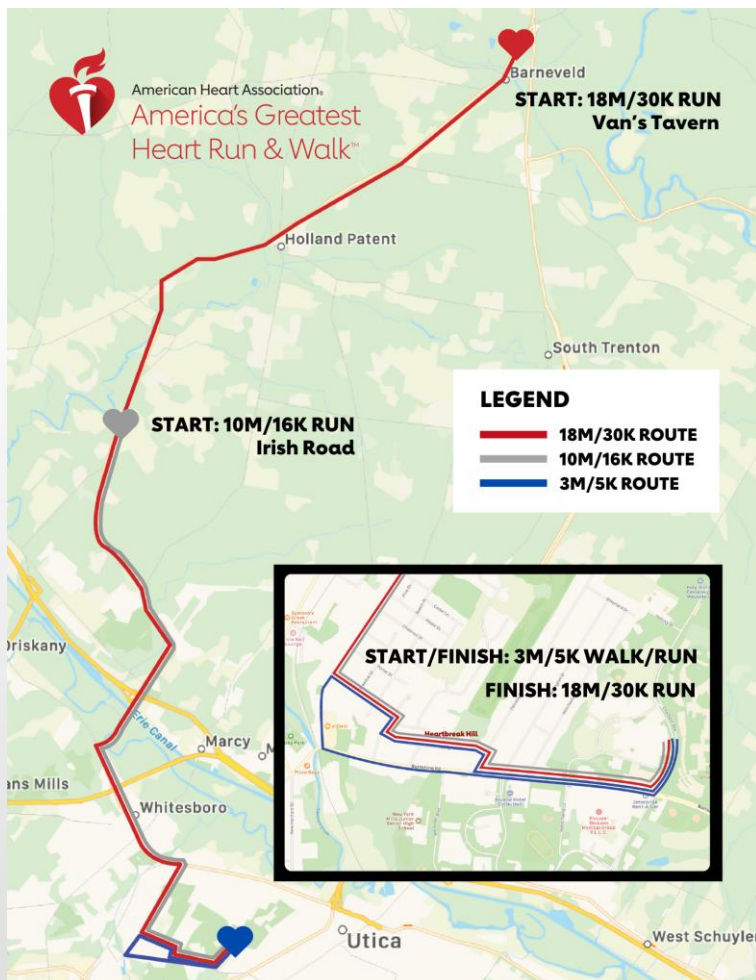


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**March 8, 2025**

## Utica University– 5K Route Map



### 5K Route Directions

- Starting on Champlin Ave head south
- turn right onto Burrstone Rd and go all the way down to Main St,
- then turn right onto Main St
- then turn right onto Elm St,
- Another right on Pulaski St
- then left on Young Ave
- take another right on Fairway Dr
- left onto Burrstone Rd
- left onto Champlin Ave
- right into the Utica University Driveway to finish.

*Please contact us with any questions:*

**315-580-3953**