



CLEVELAND CYCLENATION

Thursday, May 7, 2026




Jacobs Pavilion

2014 Sycamore St. Cleveland, Oh 44113

5:00-6:00 p.m. - Check-In/Networking Social Hour: 5:00 - 6:00 pm
6:00-8:00 p.m. - 2-Hour Relay Ride | 8:00 p.m. - Closing Ceremonies

- ✓ **Will I be able to ride if I haven't trained or done stationary cycling before?** Absolutely! Our instructors will customize the class for all levels. Feel free to ride at your own pace!
- ✓ **How long do I ride?** This is a two-hour ride. If you're on a team, chat with your squad to decide how to split the time on the bike. While you're not riding, you can hang out and enjoy all the other fun stuff going on at the event.
- ✓ **What should I wear?** Wear your **RED**, and exercise clothes, socks, and tennis shoes. Get crazy: costumes and matching outfits are highly encouraged! The bike pedals allow for clip-in and tennis shoes. Clip-in shoes will not be provided.
- ✓ **Will there be a place to store my belongings?** We encourage you to pack light, as lockers are not available. There will be space in the venue stands to set your belongings; please note that these areas are not secure.**
- ✓ **Where should I go to check-in?** When you arrive, head straight to the entrance to complete your registration. Just look for signs. If you are a qualified Top Rider or part of a Top Team, you'll get your swag from us when you check in!
- ✓ **How will I know my bike number?** You will receive your bike number at check-in.
- ✓ **Can someone ride in my place?** If you have a rider coming in your place, please have them inform the volunteers at the on-site registration. The new rider will need to sign a quick waiver, and then we will get them to your former bike!
- ✓ **What if it rains?** This is a rain or shine event! All bikes and sponsor tables will be protected under Jacobs Pavilion.
- ✓ **Will food and drinks be provided?** Before and during the ride, we'll have heavy apps from Flour to hold you over. Bring a reusable water bottle to fill up throughout the event. All registered riders will receive one (1) drink ticket at check-in. Top Riders (raise \$1,000+) and Top Team Members (raise \$5,000+) will receive an additional drink ticket (2 total). Non-alcoholic and alcoholic beverages will be available for all non-registered riders to purchase with cash or credit card.*
- ✓ **Can I turn in donations at the event?** You sure can! Turn in your donations when you check in. The FINAL DAY for fundraising is June 30, 2026.

Contact your CycleNation Team Member: Stephanie Westerh

 Stephanie.Westerh@heart.org |  (937) 689-5965 |  [CycleNation.org/Cleveland](https://www.cyclenation.org/Cleveland)



RIDE THE REVOLUTION.

**The American Heart Association encourages all guests to utilize a ride share program to get home safely and/or determine a designated driver for responsible transportation. Sober driving is the best kind of driving. **The American Heart Association will not assume any liability for lost or stolen items.*