

2026 San Diego Heart & Stroke Walk

Saturday, September 19, 2026

Balboa Park

6th Avenue & Laurel Street | San Diego, CA 92101

Important Parking Information for Participants

To help make your event experience smooth and stress-free, please review the parking details below:

Parking Location

- Free parking is available at the ***Lower Inspiration Point Parking Lot*** until **11:00am**.
- Entrance is located on President's Way, off Park Boulevard.
- Please follow posted event signage upon arrival.
- Parking enforcement will begin at 11:00am in the Lower Inspiration Parking Lot.
- Cars in this lot after 11:00 am, that have not paid, may be cited.
- All other parking lots will continue with regular parking enforcement beginning at 8:00am.

Shuttle Service

- Complimentary shuttle buses will run from the Lower Inspiration Point Parking Lot to:
 - The Expo area; The Start/Finish line on 6th Avenue.
- Shuttles will operate throughout the morning for your convenience.

Additional Parking Information

- City of San Diego residents may also register for free parking in advance.
- For more details on advance registration and Balboa Park parking, please visit the City of San Diego Official Website at <https://www.sandiego.gov/parking/balboapark>.

Questions: Please contact us sdheartwalk@heart.org